

JUNE 2020

YOUR *Virtual* FFSC WEBINAR SCHEDULE



TO PARTICIPATE

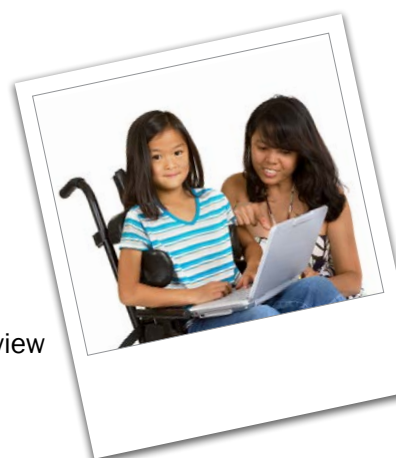
Go to mynavyfamily.com to create a LMS account.
Once logged in, access LIVE webinars to register for a session.
For NMCI use <https://learning.zeiders.refineddata.com>.

Deployment

Tuesday, June 9th	7:00 PM EST	Deployment and Children
Thursday, June 18th	4:00 PM EST	Deployment and Children
Tuesday, June 23rd	9:00 AM EST	Navigating Extended Deployment with Resiliency
Wednesday, June 24th	4:00 PM EST	Pre-Deployment Brief

EFMP

Tuesday, June 9th	4:00 PM EST	Moving with EFMP
Thursday, June 25th	6:30 PM EST	Exceptional Family Member Program (EFMP) Overview



Employment

Thursday, June 4th	11:00 AM EST	Family Employment Readiness Program (FERP) Overview
Tuesday, June 9th	1:00 PM EST	Fundamentals of Linked-In
Wednesday, June 10th	9:00 AM EST	Resume Writing
Thursday, June 11th	9:00 AM EST	Job Search Strategies
Thursday, June 11th	12:00 PM EST	Resume Writing
Thursday, June 11th	2:00 PM EST	Family Employment Readiness Program (FERP) Overview
Tuesday, June 16th	10:00 AM EST	Teen Job Search
Thursday, June 18th	2:00 PM EST	Job Interview Questions
Tuesday, June 23rd	11:00 AM EST	Resume Writing for Non-Government Jobs
Thursday, June 25th	11:00 AM EST	Linked-In for Job Searching and Networking

Finances

Wednesday, June 3rd	1:00 PM EST	Command Financial Specialist Forum - COVID-19 Financial Resources
Thursday, June 4th	9:00 AM EST	Saving and Investing
Thursday, June 11th	9:00 AM EST	Thrift Savings Plan (TSP)
Thursday, June 18th	9:00 AM EST	Credit Management





Life Skills

Tuesday, June 9th	1:00 PM EST	Managing Stress
Friday, June 12th	10:00 AM EST	Anger Management
Friday, June 19th	10:00 AM EST	Building Healthy Relationships
Friday, June 19th	11:00 AM EST	Making Connections During COVID-19
Thursday, June 25th	12:00 PM EST	To Be or Not to Be STRESSED

Parenting

Friday, June 12th	9:00 AM EST	Raising Financially Fit Kids
Wednesday, June 17th	2:00 PM EST	Child Abuse and Neglect Prevention and Reporting Procedures
Thursday, June 18th	3:00 PM EST	Parenting During Lifes Ups and Downs
Friday, June 19th	4:00 PM EST	New Moms and New Dads
Wednesday, June 24th	2:00 PM EST	Positive Child Guidance and Discipline



Relocation

Wednesday, June 10th	10:00 AM EST	Relocation: Smooth Move
Wednesday, June 18th	5:00PM EST	Home Selling
Wednesday, June 23rd	6:00PM EST	Command Sponsorship Orientation (Guam)
Wednesday, June 24th	5:00PM EST	Now I'm the Landlord
Wednesday, June 25th	2:00 PM EST	How to Complete a Household Goods Move

Transition Assistance

Wednesday, June 3rd	1:00PM EST	SKILLBRIDGE Workshop
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JULY 2020

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Deployment

Monday, July 20th	2:00 PM EST	Deployment and Your Child's Educational Needs
Thursday, July 16th	4:00 PM EST	Deployment and Children



Employment

Wednesday, July 8th	1:00 PM EST	Effective Resume Writing
Tuesday, July 14th	9:00 AM EST	Job Search Strategies During Challenging Economic Times
Wednesday, July 15th	1:00 PM EST	Information on Applying for Federal Employment
Wednesday, July 15th	1:00 PM EST	Salary and Negotiation Skills
Thursday, July 16th	11:00 AM EST	Career Planning: Planning for Your Dream Job
Wednesday, July 22nd	4:00 PM EST	Winning Interview Techniques
Tuesday, July 28th	9:00 AM EST	Virtual Interviewing Techniques
Tuesday, July 28th	4:00 PM EST	Financial and Employment Resources



Finances

Wednesday, July 1st	2:00 PM EST	Financial Readiness: Investing for Your Future
Tuesday, July 7th	3:00 PM EST	Understanding Survivor Benefit Plan
Tuesday, July 7th	3:00 PM EST	Teaching Your Teen\$ About Money
Wednesday, July 8th	3:00 PM EST	Car Buying
Wednesday, July 8th	4:00 PM EST	Newly Married? Let's Talk Money!
Thursday, July 9th	10:00 AM EST	Financial Responsibility in the Military
Tuesday, July 14th	1:00 PM EST	Saving and Investing



Command Financial Specialist (CFS)

Friday, July 10th	12:00 PM EST	CFS Online Certification Course: Session 1
Monday, July 13th	12:00 PM EST	CFS Online Certification Course: Session 2
Wednesday, July 15th	12:00 PM EST	CFS Online Certification Course: Session 3
Friday, July 17th	12:00 PM EST	CFS Online Certification Course: Session 4
Monday, July 20th	12:00 PM EST	CFS Online Certification Course: Session 5
Wednesday, July 22nd	12:00 PM EST	CFS Online Certification Course: Session 6



Life Skills

Tuesday, July 7th	2:00 PM EST
Wednesday, July 8th	12:00 PM EST
Thursday, July 9th	9:00 AM EST
Friday, July 10th	2:00 PM EST
Friday, July 10th	5:00 PM EST
Tuesday, July 14th	2:00 PM EST
Wednesday, July 15th	2:00 PM EST
Thursday, July 16th	12:00 PM EST

Friday, July 17th	11:00 AM EST
Friday, July 17th	2:00 PM EST

Friday, July 17th	4:00 PM EST
Tuesday, July 21st	4:00 PM EST
Wednesday, July 22nd	2:00 PM EST
Thursday, July 23rd	2:00 PM EST
Friday, July 24th	12:00 PM EST
Tuesday, July 28th	4:00 PM EST
Wednesday, July 29th	2:00 PM EST
Thursday, July 30th	4:00 PM EST

Adjusting to the "New Normal"

Organize Your Life

Stress Management

Couples Communication

Compassion Fatigue and Burnout

Stress Management 101

Communication Skills

Lemons into Lemonade:

Approaching Challenging Situations

Disaster Preparedness

How to Manage COVID-19 Stress and Anxiety

Resolving Conflict With Others

Being the Best You - Part 1

Five Love Languages

Thriving In Times Of Uncertainty

Yikes! Emergency Organization

Being the Best You - Part 2

Suicide Prevention

Navigating Our New Normal

Ombudsman

Tuesday, July 14th	9:00 PM EST
Tuesday, July 21st	10:00 AM EST

Navy Region Northwest July Ombudsman Assembly

Sponsor Training

Parenting

Wednesday, July 8th	2:00 PM EST
Thursday, July 9th	1:00 PM EST
Thursday, July 16th	4:00 PM EST
Friday, July 17th	1:00 PM EST
Wednesday, July 29th	12:00 PM EST

Teens and Tweens

What about the Kids

New Moms and Dads

Dads and Discipline

Parenting Tips



Relocation

Thursday, July 16th	9:00 AM EST
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Thursday, July 16th	1:00 PM EST
Wednesday, July 22nd	10:00 AM EST

How to Complete A Household Goods Move

Financially Planning for a PCS Relocation: Smooth Move

