



EFMP RESOURCES

- For questions about enrollment, call the Regional MTF Coordinator's Office at Naval Medical Center San Diego at (619)532-8586.
- To submit enrollment packages electronically, email your forms to: usn.san-diego.navmedcensanca.list.nmcسد-efmp@health.mil
- EFMP & Me: 24/7 support for military families with special needs. EFMP & Me users can navigate services, connect with resources and advocate for themselves or family members with special needs. Visit: <https://efmpandme.militaryonesource.mil/>
- Visit <https://www.navylifesw.com/at-home> to find resources, activities, webinars and more. Resources range from counseling services, education help, entertainment, and finances, to fitness, health, kids, library, and recreation.



JOINT NAVY EFMP CASE LIAISONS

Naval Base Coronado
619-545-6071

Naval Base San Diego
619-556-7404
619-536-2996
619-987-8148
619-536-3726
619-672-6509

Naval Base Point Loma
619-553-7505

We know the System.
We can help.
Give us a call.



Need help with food?

SDMOM has food distributions regularly available every Wednesday at 11:30 AM at our FFSC Gateway Village and Village at Serra Mesa locations. Call 619-222-5548 for more info!

Upcoming Events

9/5 @ 1000



EFMP Family Support

EFMP EARLY INTERVENTION WORKSHOP

Tue, Sep 5th, 10:00 AM
FREE

Family Care Classroom, MCAS
Miramar EFMP Bauer Road, Building
2525 San Diego, CA 92145

Join sister programs MCRD San Diego & MCAS Miramar EFMP along with Rady Children's Hospital - San Diego, and the New Parent Support Program to learn about the system of support services available to address developmental delays and learning disabilities in children aged 0 to 5 years.

Marine EFMP Attorneys cannot represent Navy families.

Register:

<https://www.eventbrite.com/e/early-intervention-workshop-tickets-593225582687?aff=ebdsoporgprofile>

STORYTIME CRAFT & PLAY

Wed, Sep 6th, 10:00 AM
FREE

SAY San Diego Resource Center- 3487
Santo Rd.

Join us for a delightful afternoon of story time, craft activities, and endless play at this FREE event.

Register at:

<https://runsignup.com/Race/CA/SanDiego/StorytimeCraftPlay>



9/6 @ 1000

Upcoming Events

9/6 @ 1000



EFMP Family Support

SPECIAL EDUCATION SERIES: TACTICS AND STRATEGIES FOR IEP MEETINGS

Wed, Sep 15th, 10:00 AM
FREE
Virtual

This VIRTUAL Presentation is a collaboration between the USMC Southern California Installations. Tactics and Strategies for IEP Meetings is part of our Special Education Series, and can help you develop useful skills to utilize during the IEP process at your child's school.

Marine EFMP Attorneys cannot represent Navy families.

Register:

<https://www.eventbrite.com/e/special-education-series-tactics-and-strategies-for-iep-meetings-tickets-520621050577?aff=ebdsoporgprofile>

SPECIAL EDUCATION SERIES: ADDRESSING BEHAVIOR CHALLENGES

AT SCHOOL
Wed, Sep 6th, 10:00 AM
FREE
Virtual

This VIRTUAL Presentation is a collaboration between the USMC Southern California Installations. Addressing Behavior Challenges is part of our Special Education Series, and takes a in-depth look at behavior challenges and how to address them with your child's school administration, IEP Team, etc. Marine EFMP Attorneys cannot represent Navy families.

Register:

<https://www.eventbrite.com/e/special-education-series-addressing-behavior-challenges-at-school-tickets-520614781827?aff=ebdsoporgprofile>



EFMP Family Support

9/15 @ 1000

Upcoming Events

9/23 @ 1000



NBSD SUPERHERO CHALLENGE

Sat, Sep 23rd, 10:00 – 12:00 PM
FREE

Community Recreation NBSD, Brinser St., Bldg. 45, Pier 2, Waterfront Community Recreation Center, Naval Base San Diego (NBSD), San Diego, CA 92136

POW! BOOM! SMASH! Dress up and unleash your inner superhero and conquer our thrilling obstacle course. Courses for both kids and adults!

Register:

<https://sandiego.navylifesw.com/activity/e724af66-2e98-4f23-b5ca-flc51d7495d0>

MCRD TRUNK OR TREAT

Fri, October 27th, 4:30pm-7:00pm
MCRD-San Diego, Jerry Coleman Lawn

Come join us for Trunk or Treat 2023 at MCRD-San Diego! Families will enjoy trunk-or-treating, story time with the School Liaison Program, activities, crafts, photobooth, Trunk and Costume Contest, and MUCH MORE! If you are interested in registering a trunk, please visit

<https://www.eventbrite.com/e/trunk-or-treat-2023-trunk-registration/tickets-> or call 692549842167. For questions, please contact OMBFamilyCareSD@usmc-mccs.org.

We hope to see you there!



10/27 @ 1630