



# NEWSLETTER

## SPRING 2024



### 88TH READINESS DIVISION ARMY RESERVE FAMILY PROGRAMS

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88th Family Programs Strategic  
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## 88th Readiness Division—Family Programs



The 88th Readiness Division—Family Programs provides globally responsible and regionally engaged programs and services to America's Army Reserve Community.

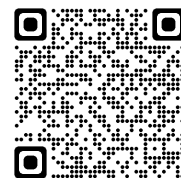
A broken Family equals a broken Soldier. Family Programs focuses on Families to allow Soldiers to focus on defending America's Freedom.

Every April, all month long, we celebrate the courage, perseverance and tenacity demonstrated by our military-connected children, youth and teens and what they mean to our community. Though MilKids are some of the most adaptable and resilient youth in the world, we know frequent moves and family separations can be hard on them. That's why the Defense Department is here with powerful resources at the ready to help family units stay strong.

Find out more by visiting Military OneSource or by [Clicking Here](#)



[Click here](#) or scan the QR code to learn more about the resources [MCEC](#) has to support Military Connected Children!



# SPOTLIGHT!

Check It Out!

The 88th RD Family Programs Team has been busy supporting Soldiers and Families through Unit Visits, Staff Professional Development and Family Readiness Training Events. We are committed to providing the most up to date, relevant and valuable information and resources that are available to Soldiers and Families of the Army Reserve and take every measure to deliver them effectively.

## STRATEGIC PLANNING WORKFORCE DEVELOPMENT TRAINING

The 88th RD Family Programs Staff attended their annual Strategic Planning meeting in San Diego, CA in January.

During this time we focused on coming together to gather the latest updates in Family Programs from the USARC Family Programs staff.

We were also briefed on the new Chaplain Program that replaces Strong Bonds, Building Strong and Ready Teams.

We had two special programs briefs which included a "field trip" to the Camp Pendleton Intrepid Spirit Center to learn about TBI treatment as well as a visit from Project Empathy where we learned about Substance Abuse and Addiction.

We also worked on mapping out our program to fit in with the new ReARMM cycle, discussed our upcoming changes to our delivery model and we shared best practices, accomplishments and goals for the upcoming year.

We had an amazing time as we always do when the group gets together and are grateful for the opportunity to expand our skill sets and network among peers!





## USAR LEGAL COMMAND — CFRR CERTIFICATION COURSE



The 88th Readiness Division, in collaboration with the 99th and 63rd Divisions, hosted a first of its kind training event in Gaithersburg MD, March 8-10th 2024. This event provided training, guidance, and workshops to sanctioned Command Family Readiness Representatives (CFRRs).

In attendance were 28 CFRRs with 10 family members accompanying them for the weekend. The Soldiers received training encompassing their responsibilities to their Commander's as well as their formation and family members of their Units.

Training blocks such SFRG-101, CFRR Basics, and Family Programs Support, provided the knowledge needed for the Soldiers to set up their SFRGs. After the event, the Soldiers were provided with starter packages for their SFRGs including templates, SOP examples, and follow on points of contact in their area of the country.



## BBPCC — Senior Spouse Course



Ms. Andrea Mackowiak (left), recently attended "Military Spouse Employment Partnership Engage" in Alexandria, VA. She brought back valuable information on the MSEP and updates to the [MySeco program](#).

Updates include:

- Paid 12 week fellowships through the Military Spouse Career Accelerator Pilot (MSCAP).
- Scholarship Finder
- Resume Builder
- 4,000 Open Jobs on the site

Click on the link above to find out more and also to subscribe to their newsletter!

Thank you Andrea, for representing the 88th RD and the outstanding resources you brought back to the team!

Sr. Spouses (left) attend the Brigade Battalion Pre Command Course and receive a three day course with Family Programs. This training offers the opportunity for networking as well as updates on new regulatory guidance.

The Family Programs staff who attends are able to meet with new Leadership and discuss with them their role in Family Readiness.

**Upcoming BBPCC—Sr. Spouse Courses :**

12-14 April 2024 / 16-18 August 2024

Contact your Family Programs representative for more information





# 88<sup>TH</sup> RD FAMILY PROGRAMS



**Regional Soldier and Family Readiness Training (RSFRT)**

**13-16 June 2024**

**Hosted in Beautiful Seattle, Washington**

Family Programs Training provides participants with information relevant to Command Teams, Command Family Readiness Representatives and Soldier and Family Readiness Group Volunteers on the administration of a Unit Family Readiness Program. Participants will have the opportunity to explore the definitions and missions of Family Programs, Family Readiness, and the Soldier and Family Readiness Group. Participants will be able to distinguish between the various roles and responsibilities of Command Team Members and identify services provided by Army Reserve Family Programs to assist with the implementation of a healthy, holistic Family Readiness Program. This training facilitates the development of a unit Soldier and Family Readiness Plan and Soldier and Family Readiness Group Action Plan.

## Day 1 Agenda: 14 June

- Family Readiness Essentials Seminar 1
- Family Readiness Essentials: Seminar 2
- Family Programs Support of Family Readiness

## Day 2 Agenda: 15 June

- Training: It's Not Just for Soldiers
- Strategic Communications
- R&R Family Days
- R&R Family Days
- Financing Your SFRG
- Let's Talk Family Readiness

## Day 3 Agenda: 16 June

- ❖ •Your Role – Your Resilience
- ❖ •End of Course Project Presentations
- ❖ •Commencement



**To Register for this Training:**  
**Please contact your local 88th RD Family Programs Representative!**



Scan for FP contact sheet!

For questions, comments or concerns

Contact the 88th Readiness Division Family Programs staff via or our SharePoint or at group email box:



[usarmy.usarc.88-rd.mbx.family-programs@mail.mil](mailto:usarmy.usarc.88-rd.mbx.family-programs@mail.mil)



**ARMY RESERVE  
FAMILY PROGRAMS**  
Connecting Soldiers · Families · Communities

# CHILD & YOUTH RESOURCES:

## MILITARY CHILD EDUCATION COALITION (MCEC)

MCEC is a professional Coalition with diverse community consisting of public school districts, private schools, colleges and universities, small businesses and corporations, nonprofit organizations, military commands and installations, military Families, and caring individuals from local communities across our Nation.

<http://www.militarychild.org>



## BOYS & GIRLS CLUB OF AMERICA—MISSION YOUTH OUTREACH

A partnership between the Joint Military Services and Boys & Girls Clubs of America, providing children of National Guard, Reserve and Active-Duty Families who do not live near or have access to a military Youth Center free annual membership\* to their local Boys & Girls Club.

<https://www.bgca.org/about-us/military/>



## ARMED SERVICES YMCA

Their focus is to provide needed programs and services for single or married junior enlisted personnel and their family members. The Armed Services YMCA empowers military families, no matter who they are or where they're from, by ensuring access to resources, relationships, and opportunities for all to learn, grow, and thrive.

<https://asymca.org/>



## TUTOR.COM

Tutor.com offers No-Cost, Online Tutoring and Homework Help, 24/7. Learners can get 1-to-1 help from an expert tutor—anytime, on any internet-connected device, from anywhere in the world.

<https://military.tutor.com/home>



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**SOURCE**

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TO YOUR BEST MILLIFE.

MilitaryOneSource.mil | 800-342-9647

DoD  
**Safe Helpline**  
Sexual Assault Support for the DoD Community  
[safehelpline.org](https://safehelpline.org) | 877-995-5247



## Boys and Girls Clubs of America (Mission Youth Outreach)

Through a partnership with the U.S. Armed Services, Boys & Girls Clubs of America (BGCA) has provided free membership opportunities and camp experiences to military-connected dependents. These include dependents of active-duty Army, Navy, Marine Corps, Coast Guard and Space Force Families, as well as Reserve and National Guard Families.



<https://www.bgca.org/about-us/military/>

## Camp Stars (A Program of Camp Cole)

Camp STARS is a weeklong overnight camp experience for military children who have illnesses, disabilities, and life challenges (ages 6-21), as well as their siblings (ages 6- 14). Through a combination of traditional indoor and outdoor camp activities, like swimming, outdoor games, and arts & crafts, Camp STARS campers get to make new friends who have similar life experiences, step outside of their comfort zones, and grow in confidence. Camp STARS 2024 is July 15, 2024 to July 18, 2024. The cost of camp is \$500 per camper. To learn about scholarships, email [kelsey@campcole.org](mailto:kelsey@campcole.org).



<https://www.campcole.org/campstars/>

## 4-H Military Partnership Summer Camps for Teens and Youth

When kids are empowered to use their voices and pursue their passions, their skills grow. 4-H camps are a great way for military-connected youth to strengthen their resilience, leadership, and teamwork skills in a supportive, safe environment away from home.



<https://www.4-hmilitarypartnership.org/summer-camps.html>

## Operation Purple Camp

Operation Purple® Camp offers military kids a free week of summer camp where they connect with other kids, just like them. Children of active-duty service members and veterans, from all uniformed services, including the National Guard, Reserve, Space Force, the Commissioned Corps of the United States Public Health Service, and National Oceanic and Atmospheric Administration may apply.



<https://www.militaryfamily.org/programs/operation-purple/operation-purple-camp/>





## 88TH READINESS DIVISION

# FAMILY PROGRAMS REGIONAL SUPPORT STAFF



**Army Reserve Family Programs provides support to Soldiers, Families and units based on their location regardless of unit affiliation through the Family Programs network of staff located throughout the 19 state region and across Readiness Division's nationwide.**



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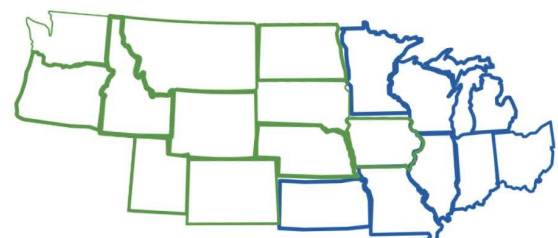
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[www.yellowribbon.mil](http://www.yellowribbon.mil)

[www.facebook.com/88RDYRRP](https://www.facebook.com/88RDYRRP)



**General Inquiries**  
[usarmy.usarc.88-rd.mbx.family-programs@army.mil](mailto:usarmy.usarc.88-rd.mbx.family-programs@army.mil)



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CONTACT OUR STAFF

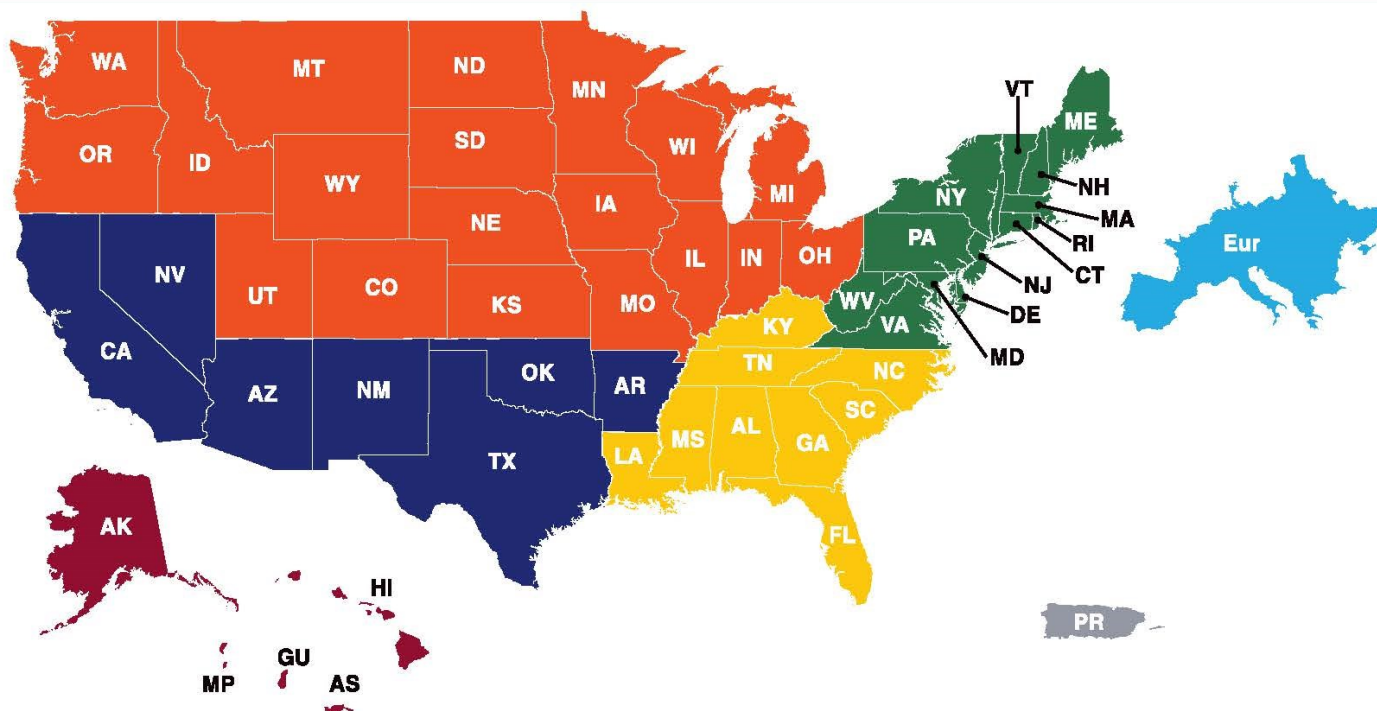
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[www.usar.army.mil/ARFP](http://www.usar.army.mil/ARFP)

Last Updated:20231202

# Army Reserve Family Programs Staff

## REGIONAL POINTS OF CONTACT



### 63<sup>RD</sup> READINESS DIVISION

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### 88<sup>TH</sup> READINESS DIVISION

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### 99<sup>TH</sup> READINESS DIVISION

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+49-0611-143-528-0264  
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### 9<sup>TH</sup> MISSION SUPPORT COMMAND

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### DEERS

Defense Enrollment and Eligibility Reporting System  
[www.dmdc.osd.mil/milconnect](http://www.dmdc.osd.mil/milconnect)

### ADPAAS

Army Disaster Personnel Accountability and Assessment System  
[www.ADPAAS.army.mil](http://www.ADPAAS.army.mil)



# ADDITIONAL RESOURCES:

## The National Intrepid Center of Excellence

The NICoE is dedicated to improving the lives of patients and families affected by traumatic brain injury through collaborative efforts with patients, families, referring providers, and researchers. Since opening on June 24, 2010, in Bethesda, Maryland, we have established a reputation for excellence in TBI and brain health clinical care, research, and education.

The NICoE and the Defense Intrepid Network are central to TBI care and innovation across the Military Health System, which ensures patients have:

- A point of entry to the care system
- A clear path through diagnosis, treatment, and reintegration
- Consistent access to high quality TBI treatment, research, and education

[Click Here](#) to learn more about the NICoE.



## PROTECT YOUR STRONGEST WEAPON

### Concussion

*Know the symptoms*

**H** Headaches and/or Vomiting ✓

**E** Ears Ringing ✓

**A** Amnesia, Altered/ Loss of Consciousness ✓

**D** Double Vision and/or Dizziness ✓

**S** Something Feels Wrong or Is Not Right ✓

MHS

Military Health System  
health.mil

If you or a buddy experiences symptoms of a **CONCUSSION**, get checked out.

dha.TBICoEinfo@mail.mil

4001.23.11

Health.mil/TBICoE

## How Hearing and Vision Problems Can be Related to Brain Injury



Vision and hearing injuries can both be sustained due to traumatic brain injury, even mild TBI.

Traumatic brain injuries, including concussion, may lead to hearing and vision problems. Sometimes, these hearing and vision injuries are either not immediately apparent or require additional testing to be diagnosed, according to experts from the Defense Health Agency. These injuries may show up together.

To read the full article by: Janel A. Aker, MHS Communications. [CLICK HERE](#)



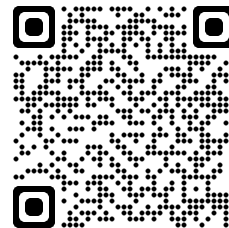
# Phoenix House Texas

## Helping youth live substance-free, healthy lives.

Phoenix House Texas is dedicated to helping youth, families, and communities challenged by substance use disorders and related mental health conditions by promoting health and well-being.

With the increasing rate of substance use concerns—particularly the deadly rise of fentanyl—it is important now more than ever that we provide youth the education and healthy skills needed to proactively prevent substance use and improve their overall mental health and well-being.

Learn more about Phoenix House Texas as well as their program Project Empathy by [clicking here](#)



For more information please contact:  
Dr. Richard Orona, SGM (Ret.)  
Call/Text: (210) 978-4731  
Email: roronav@umassglobal.edu



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#### MBA in Business Administration (7 Courses)

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Earn your bachelor's degree more quickly with UMSS Global's valuable transfer credit policies for military service experience.



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Student Satisfaction, Demographics, and Institutional Accolades: <https://www.umassglobal.edu/accolades>

## ASSOCIATE'S-TO-BACHELOR'S PATHWAY FOR U.S. ARMY SOLDIERS AND VETERANS



### Associate of Applied Science in Small Group Management

The program provides a focus on small group management skills including: communication skills within small groups, managing conflict, risk management, ethical decision-making and problem solving, subordinate development, team synergy, and effective goal setting.

The program includes a capstone experience designed to prepare servicemembers to effectively manage small groups within the Military and could help enhance your professional development.

The program focuses on small group management skills including:

- Communication
- Managing conflict
- Risk management
- Ethical decision-making
- Subordinate development
- Effective goal setting
- Team synergy

### Bachelor of Science in Organizational Management

The objective of the highly flexible Bachelor of Science in Organizational Management program is to prepare you with the knowledge, technical skills, and work habits to pursue positions in a variety of business fields. The program will focus on general management skills such as budgeting, communication, supervision, and operations. In addition, a high number of open elective credits make this program attractive as a complement to a variety of academic backgrounds and career interests.

The program focuses on building professional skills including:

- Organizational processes
- Information management
- Business operations
- Business in a global context
- Structure / Management / Leadership

PURDUE GLOBAL

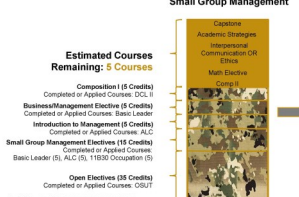
### Infantryman 11B Staff Sergeant (E-6)

Earn an associate's degree in as few as **5 courses**

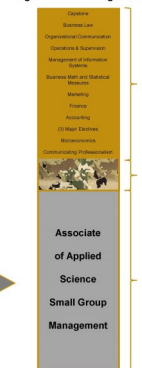
THEN

Earn a bachelor's degree in an additional **14 courses**

### Associate of Applied Science in Small Group Management



### Bachelor of Science in Organizational Management



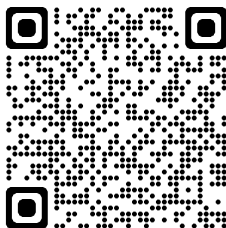
For comprehensive customer information, visit [info.purdueglobal.edu](http://info.purdueglobal.edu).

\* U.S. Department of Defense, Military Education Program: Reserve Officers' Training Corps (ROTC), Dual Enrollment, and Military Education Programs. Reserve Officers' Training Corps (ROTC) is a program that provides college students with military training and leadership experience. Dual Enrollment is a program that allows students to earn college credit for military training. Military Education Programs are programs that provide college credit for military training.

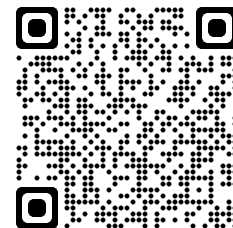
† The Service Information is specific to Army soldiers and is based on the transfer of 10 quarter credits from the Associate of Applied Science in Small Group Management. Coursework mapping based on the completion of relevant professional military education (PME) credit for occupation duties, and credit for additional sources of your training (such as functional training, CAPSTONE, exams, and other college credit). Credit awards will vary based on occupation, with those completed military courses as listed on your official Joint Service Transcript (JST), and applicable your training that can apply toward degree requirements. Purdue Global does not guarantee transferability of credit from any of these sources. All credits must be evaluated on official transcripts to be eligible for transfer.

‡ The University cannot guarantee that students will be granted admission to any future programs. Please see an advisor about transfer credit opportunities and see the University Catalog for the Prior Learning Assessment policy.

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[www.usar.army.mil/88thRD/](http://www.usar.army.mil/88thRD/)



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