

National Resources

resources
available in
every state

**Joint Base
San Antonio
RANDOLPH
AFB**

**Military & Family
Readiness Center**
(210) 652-5321

555 F Street West
Building 693
J BSA Randolph, TX
78150

Follow us on:



@ "Joint Base San Antonio
Exceptional Family
Member Program"



@ "jbsa_efmp"



@ "jbsaefmp"

**For more
information visit:**

[www.jbsa.mil/
Resources/
MilitaryFamilyReadiness](http://www.jbsa.mil/Resources/MilitaryFamilyReadiness)
"Events Calendar"



EFMP Exceptional Family Member Program

SUPPORT

2-1-1 Helpline

A nation-wide service connecting over 14 million people each year to local services they need. No matter where you move in the US you can find help by calling 2-1-1 or search on-line for resources through a local 2-1-1 program.

Call 211 from any city

Parent-to-Parent USA (P2P)

www.p2pusa.org

(855)238-8979

Peer lead emotional and informational support to families of children with special needs.

eParent

www.eParent.com

(877)372-7368

An online multi-media company dedicated to be the ultimate resource for everything related to the special needs community.

MILITARY

Military One Source

www.militaryonesource.mil

(800)342-9647

Provides special needs consultation, research, resources and materials to families with special needs as well as free tip sheets, booklets, CDs and cassettes.

TRICARE

www.tricare.mil

Search for eligibility, plans, doctors, forms, and information on "life events".

Military Child Care

www.militarychildcare.com

Secure website provides a single gateway to find comprehensive information on military-operated or military-approved child care programs worldwide.

MEDICAL / ADVOCACY

Family-to-Family Health Care and Information Centers (F2F)

<http://familyvoices.org/ncfpp/f2fs/>

Family-led centers that provide information, resources and trainings for children, families and professionals who need assistance with navigating their health care system. Can often answer questions about Waivers and Medicaid.

Family Voices

www.familyvoices.org

Family Voices is a national family-led organization of families and friends of children and youth with special health care needs and disabilities. They provide health care advocacy.

EDUCATION

Parent Training and Information Centers (PTI)

www.parentcenterhub.org/find-your-center

(973)642-8100

Services for children, families and professionals who need help navigating the special education system. Can answer question related to IEP's and 504's.

Wrightslaw

www.wrightslaw.com

(866)398-1022

Information about special education law and advocacy for children with disabilities.

Individuals with Disabilities Education Act (IDEA)

<https://osepideasthatwork.org>

Offers information and resources on infants, toddlers, children and youth with disabilities.

Specialized Training of Military Parents (STOMP)

www.stompproject.org & www.wapave.org

800-5-PARENT

Assists military families in accessing resources for their children by enabling them to navigate a variety of educational and medical systems/programs.

School Liaison Office (SLO)

<https://www.dodea.edu/Partnership/SchoolLiaisonOfficers.cfm>

Assist military families with school issues. Coordinate with local school systems. Represent, inform, and assist Commands.

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EFMP

Exceptional Family Member Program

Call EMP for Navigation Assistance

FINANCIAL / MEDICAID PROGRAMS

Social Security Administration

www.ssa.gov

Apply online for SSI. Search for "Frequently Asked Questions" or "Blue Book" for answers to many questions.

Medicaid Waivers

www.medicaidwaiver.org

Waivers are home and community based supports and services to an individual with special needs. Waivers differ from state to state and services will differ based on individual need and program criteria.

Goodwill Industries International

(800)GOODWILL

www.goodwill.org

They offer: Financial coaching, savings and loan support, tax preparation, education programs, community services, financial aid, transportation, after school programs, housing assistance, clothing assistance, medical rehabilitation.

Special Needs Alliance

www.specialneedsalliance.org

Connection to attorneys that practice disability law, covering special needs trusts and wills, Medicare, SSI, estate and tax planning, personal injury, health care, financial planning, guardianships and conservatorships.

OTHER AND DISABILITY SPECIFIC RESOURCES

Special Olympics

(800)700-8585

www.specialolympics.org

Provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities

The ARC

(800)433-5255

www.thearc.org/find-a-chapter

Promotes and protects the rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetime.

Easterseals

(800)221-6827

www.easterseals.com/connect-locally

They are committed to the comprehensive health and wellness of individuals with disabilities throughout their lifespan. They serve children, young adults, adults, seniors, veterans and caregivers.

The Association of University centers on Disabilities

(301)588-8252

www.aucd.org

This association promotes and supports the national network of university centers on disabilities. Leadership on major social problems affecting all people living with developmental or other disabilities or special health needs.

National Organization for Rare Disorders (NORD)

(800)999-6673

www.rarediseases.org

Information and referrals on rare disorders.

National Suicide Prevention Hotline

(800)273-8255

<https://suicidepreventionlifeline.org>

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

American Cancer Society

(800)227-2345

www.cancer.org

Whether you need emotional support, the latest cancer information, a ride to chemo, or a place to stay when treatment is far away, we're here to help – 24 hours a day, 7 days a week.

NAMI (National Alliance for the Mental Ill)

(800)950-6264

www.nami.org

the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.