

Show Your Skills Through your Actions

When writing using APR (action + project + result), select one project you completed, a problem you helped solve, or a task assigned to you. Next, choose a verb that best describes the actions you took. Include some details about the project or task and the result you achieved (the overall impact of your actions).

TIP! Use verbs that are specific and varied; avoid repeating the same verb and less descriptive words such as "helped," "worked," and "responsible for."

Communication Skills

Articulated, Briefed,
Collaborated, Communicated,
Consulted, Corresponded,
Drafted, Edited, Influenced,
Negotiated, Participated,
Partnered, Persuaded,
Presented, Promoted,
Responded, Translated, Wrote

Research Skills

Analyzed, Calculated, Collected,
Conducted, Discovered,
Documented, Ensured,
Estimated, Experimented,
Formulated, Investigated,
Measured, Monitored,
Organized, Performed,
Reviewed, Studied, Surveyed,
Tested

Interpersonal / Helping Skills

Advised, Advocated,
Campaigned, Coached,
Diagnosed, Encouraged,
Guided, Hosted, Mentored,
Motivated, Provided,
Represented, Supported,
Volunteered

Leadership Skills

Architected, Chaired,
Championed, Decided,
Delegated, Directed, Eliminated,
Established, Initiated,
Introduced, Led, Managed,
Spearheaded, Strategized,
Supervised, Oversaw,
Recommended

Organizational Skills

Addressed, Allocated,
Arranged, Audited, Budgeted,
Compiled, Coordinated,
Distributed, Established,
Executed, Implemented,
Improved, Inventoried,
Maintained, Outlined, Planned,
Prepared, Resolved, Simplified

Design / Creative Skills

Brainstormed, Built,
Composed, Created, Curated,
Customized, Developed,
Designed, Engineered,
Initiated, Introduced, Modeled,
Modified, Produced, Revamped,
Transformed

Teaching Skills

Adapted, Advised, Clarified,
Cultivated, Demonstrated,
Discussed, Educated, Enabled,
Evaluated, Facilitated, Fostered,
Guided, Instructed, Mentored,
Moderated, Trained, Tutored

Problem-Solving Skills

Analyzed, Assessed,
Assembled, Automated,
Conceptualized, Debugged,
Detected, Discovered,
Enhanced, Evaluated,
Forecasted, Improved,
Maximized, Optimized, Piloted,
Programmed, Reduced,
Resolved, Revised, Streamlined,
Troubleshoot

A few more examples:

Led redesign of a laptop case
in **SolidWorks** to **improve user**
experience

Provided exceptional service
for **guests** to support a **positive**
brand experience