

# Show Your Skills Through your Actions

When writing using APR (action + project + result), select one project you completed, a problem you helped solve, or a task assigned to you. Next, choose a verb that best describes the actions you took. Include some details about the project or task and the result you achieved (the overall impact of your actions).

**TIP! Use verbs that are specific and varied; avoid repeating the same verb and less descriptive words such as "helped," "worked," and "responsible for."**

## Communication Skills

Articulated, Briefed,  
Collaborated, Communicated,  
Consulted, Corresponded,  
Drafted, Edited, Influenced,  
Negotiated, Participated,  
Partnered, Persuaded,  
Presented, Promoted,  
Responded, Translated, Wrote

## Research Skills

Analyzed, Calculated, Collected,  
Conducted, Discovered,  
Documented, Ensured,  
Estimated, Experimented,  
Formulated, Investigated,  
Measured, Monitored,  
Organized, Performed,  
Reviewed, Studied, Surveyed,  
Tested

## Interpersonal / Helping Skills

Advised, Advocated,  
Campaigned, Coached,  
Diagnosed, Encouraged,  
Guided, Hosted, Mentored,  
Motivated, Provided,  
Represented, Supported,  
Volunteered

## Leadership Skills

Architected, Chaired,  
Championed, Decided,  
Delegated, Directed, Eliminated,  
Established, Initiated,  
Introduced, Led, Managed,  
Spearheaded, Strategized,  
Supervised, Oversaw,  
Recommended

## Organizational Skills

Addressed, Allocated,  
Arranged, Audited, Budgeted,  
Compiled, Coordinated,  
Distributed, Established,  
Executed, Implemented,  
Improved, Inventoried,  
Maintained, Outlined, Planned,  
Prepared, Resolved, Simplified

## Design / Creative Skills

Brainstormed, Built,  
Composed, Created, Curated,  
Customized, Developed,  
Designed, Engineered,  
Initiated, Introduced, Modeled,  
Modified, Produced, Revamped,  
Transformed

## Teaching Skills

Adapted, Advised, Clarified,  
Cultivated, Demonstrated,  
Discussed, Educated, Enabled,  
Evaluated, Facilitated, Fostered,  
Guided, Instructed, Mentored,  
Moderated, Trained, Tutored

## Problem-Solving Skills

Analyzed, Assessed,  
Assembled, Automated,  
Conceptualized, Debugged,  
Detected, Discovered,  
Enhanced, Evaluated,  
Forecasted, Improved,  
Maximized, Optimized, Piloted,  
Programmed, Reduced,  
Resolved, Revised, Streamlined,  
Troubleshoot

### A few more examples:

**Led** redesign of a laptop case  
in **SolidWorks** to **improve user**  
**experience**

**Provided** exceptional service  
for **guests** to support a **positive**  
**brand experience**