



Military OneSource & AF Employee Assistance Program

MILITARY

ONE SOURCE

Help with Everyday Challenges

Home Repair. Child Care. Elder Care. Education. Car and House Buying. Relocation.

Non-Clinical Mental Health

- 12-session per topic; unlimited topics
- Open to Military Members and Dependents up to age of 26
- Local referrals, telehealth, telephone, chat, MyMilitaryOneSource app (apple/android)
- Confidential

- 6-sessions per topic; unlimited topics
- Open to Civilian Employees and their households
- In person, local referrals, telehealth, telephone, chat
- Confidential



Legal Consultations

- Services available through the installation legal office
- Articles and information about when to seek legal guidance on website
- Community Resource finder on website

- 1-60 minute consultation per topic with licensed attorney on estate law, taxes, family law and more
- Self-service legal library for forms and documents
- Discounts on contracted services

Financial Consultations

- No limit on sessions or number of topics, available in person and telephonic
- MillTax service is free through H&R block
- Self-service information and resources available on website

- 3-30 minute telephone consultations per topic addressing debt, credit, spending, retirement
- Tax preparation discounts

No cost, 24-hour support for members and their families

1-800-342-9647

www.militaryonesource.mil

1-866-580-9078

www.afpc.af.mil/afpc

Briefer: Ms. Danna Plewe (AFMCA12)