



PREPARING FOR DIVORCE



Resource Guide



The Uniformed Services Former Spouses' Protection Act (USFSPA)

<https://www.dfas.mil/garnishment/usfspa/legal/>

Military OneSource

<https://www.militaryonesource.mil/>

Social Security

<https://www.ssa.gov/>

Preparing Your Family Care Plan

<https://www.militaryonesource.mil/family-relationships/relationships/parents-%20guardians/preparing-your-family-care-plan/>

Family Care Plan

https://armypubs.army.mil/pub/eforms/DR_a/pdf/DA%20FORM%205305.pdf

AnnualCreditReport.com

<https://www.annualcreditreport.com>

Transunion: Active Duty Military Credit Center

<https://www.transunion.com/active-duty-military-credit-center>

Equifax: Active Duty Credit Monitoring

<https://www.equifax.com/personal/military-credit-monitoring/>

Experian: IDnotify™ Active Military Account

<https://www.experian.com/lp/military.html>

BRS: Uniformed Services Blended Retirement System

<https://militarypay.defense.gov/BlendedRetirement/>

Thrift Savings Plan

<https://www.tsp.gov/>

myPay

<https://mypay.dfas.mil/#/>

MyArmyBenefits: Resource Locator

<https://myarmybenefits.us.army.mil/Benefit-Library/Resource-Locator>

ID Card Office Online

<https://idco.dmdc.osd.mil/idco/>

TRICARE

<https://tricare.mil/>

milConnect

<https://milconnect.dmdc.osd.mil/milconnect/>

Family Servicemembers' Group Life Insurance (FSGLI)

www.va.gov/life-insurance/options-eligibility/fsgli/

Code of Virginia: § 20-111.1. Revocation of Death Benefits by Divorce or Annulment

<https://law.lis.virginia.gov/vacode/title20/chapter6/section20-111.1/>

Veterans Benefits Administration: Insurance Needs Calculator

<https://insurance.va.gov/NeedsCalculator>

IRS: Tax Withholding Estimator

<https://www.irs.gov/individuals/tax-withholding-estimator>

Army Ready and Resilient (R2)

<https://www.armyresilience.army.mil/ard/R2/index.html>

Financial Readiness Program

<https://www.financialfrontline.org/>

Forms and Handouts

<https://www.financialfrontline.org/>

Financial Implications of Divorce Soldier checklist

Spending Plan Worksheet handout

Major Purchases handout

5 Rules of Buying a House handout

TRICARE Overview handout

Estate Planning handout

Paying off Student Loans handout

Education Benefits and Savings handout

Understanding Credit handout

Free Credit Monitoring handout

Military Retirement handout

Thrift Savings Plan handout

Survivor Benefits Overview handout

Military Consumer Protection handout

Sources of Help for Military Consumers handout

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