



# POST-DEPLOYMENT



## Resource Guide



### **Defense Finance and Accounting Service**

<https://www.dfas.mil/>

### **IRS**

<https://www.irs.gov/>

### **USERRA – Uniformed Services Employment and Reemployment Rights Act**

<https://www.dol.gov/agencies/vets/programs/userra>

### **Tax Exclusion for Combat Service**

<https://www.irs.gov/individuals/military/tax-exclusion-for-combat-service>

### **Designated Combat Zones**

<https://www.dfas.mil/MilitaryMembers/payentitlements/Pay-Tables/CZ1/>

### **About Publication 3, Armed Forces' Tax Guide**

<https://www.irs.gov/forms-pubs/about-publication-3>

### **Access and Manage Your VA Benefits and Health Care**

<https://www.va.gov/>

### **TRICARE: Qualifying Life Events**

<https://www.tricare.mil/LifeEvents>

### **TRICARE Plan Finder**

<https://tricare.mil/Plans>

### **TRICARE: Activation/Deactivation Coverage Scenarios**

<https://www.tricare.mil/Plans/Eligibility/NGRMandFamilies/CoverageScenarios>

**TRICARE: Dental Care**

<https://www.tricare.mil/CoveredServices/Dental>

**milConnect**

<https://milconnect.dmdc.osd.mil/milconnect/>

**Thrift Savings Plan**

<https://www.tsp.gov/>

**MyArmyBenefits**

<https://myarmybenefits.us.army.mil/>

**Survivors' and Dependents' Educational Assistance**

<https://www.va.gov/education/survivor-dependent-benefits/dependents-education-assistance/>

**Fry Scholarships**

<https://www.va.gov/education/survivor-dependent-benefits/fry-scholarship/>

**Survivor Benefits**

<https://myarmybenefits.us.army.mil/Benefit-Calculators/Survivor-Benefits>

**Military Compensation: Savings Deposit Program**

<https://militarypay.defense.gov/Benefits/Savings-Deposit-Program/>

**TSP Benefits That Apply to Members of the Military Who Return to Federal Civilian Service**

<https://www.tsp.gov/publications/tspfs08.pdf>

**IRS**

<https://www.irs.gov/>

**OptOutPrescreen.com**

<https://www.optoutprescreen.com/>

**National Do Not Call Registry**

<https://www.donotcall.gov/>

**Report Identity Theft and Get a Recovery Plan**

<https://identitytheft.gov/>

## **Consumer Protection Basics**

<https://www.consumer.gov/>

## **AnnualCreditReport.com**

<https://www.annualcreditreport.com>

## **Consumer Financial Protection Bureau**

<https://www.consumerfinance.gov/learnmore/>

## **Financial Readiness Program**

<https://www.financialfrontline.org/>

## **Forms and Handouts**

<https://www.financialfrontline.org/>

Post-Deployment Soldier Checklist

Spending Plan Worksheet Handout

Major Purchases Handout

Paying off Student Loans Handout

Combat Zone Tax Exclusion Handout

TRICARE Overview Handout

Survivor Benefits Overview Handout

Estate Planning Handout

Thrift Savings Plan Handout

Financial Warning Signs Handout

Military Consumer Protection Handout

Sources of Help for Military Consumers Handout

Understanding Credit Handout

Smooth Landing Checklist

Free Credit Monitoring Handout

Contribution Limits Handout

