

Army Milestone Training Information

Each training table lists the following information:

- Title of CMT Touchpoint training
- Delivery Method
 - Instructor-Led Training (ILT)
 - Counselor Checklist (CL)
- Course Length

Please Note: Time estimate is for Instructor-Led Training ONLY

| TOUCHPOINT | DELIVERY | COURSE LENGTH |
|------------------------------------|-----------------|----------------------|
| Permanent Change of Station (PCS) | ILT, CL | 30-45 minutes |
| Promotion | ILT, CL | 30 minutes |
| Vesting in the Thrift Savings Plan | ILT, CL | 30 minutes |
| Entitlement to Continuation Pay | ILT, CL | 30 minutes |
| Marriage in the Army | ILT, CL | 45 minutes |
| Welcoming a New Child in the Army | ILT, CL | 45 minutes |
| Preparing for Divorce | ILT, CL | 45 minutes |
| Disabling Sickness or Condition | ILT, CL | 60 minutes |
| Pre-Deployment | ILT, CL | 60 minutes |
| Post-Deployment | ILT, CL | 60 minutes |

Updated: 20 DEC 2024