

Army Milestone Training Information

Each training table lists the following information:

- Title of CMT Touchpoint training
- Delivery Method
 - Instructor-Led Training (ILT)
 - Counselor Checklist (CL)
- Course Length

Please Note: Time estimate is for Instructor-Led Training ONLY

TOUCHPOINT	DELIVERY	COURSE LENGTH
Permanent Change of Station (PCS)	ILT, CL	30-45 minutes
Promotion	ILT, CL	30 minutes
Vesting in the Thrift Savings Plan	ILT, CL	30 minutes
Entitlement to Continuation Pay	ILT, CL	30 minutes
Marriage in the Army	ILT, CL	45 minutes
Welcoming a New Child in the Army	ILT, CL	45 minutes
Preparing for Divorce	ILT, CL	45 minutes
Disabling Sickness or Condition	ILT, CL	60 minutes
Pre-Deployment	ILT, CL	60 minutes
Post-Deployment	ILT, CL	60 minutes

Updated: 20 DEC 2024