

Department of the Air Force Personal Financial Readiness

Each training table lists the following information:

- Title of CMT Touchpoint training
- Delivery Method
 - Instructor-Led Training (ILT)
 - Counselor Checklist (CL)
- Course Length

Please Note: Time estimate is for Instructor-Led Training ONLY

TOUCHPOINT	DELIVERY	COURSE LENGTH
First Duty Station-Enlisted	ILT	220 minutes
First Duty Station-Officer	ILT	90 minutes
Permanent Change of Station (PCS)	ILT	45 minutes
Promotion	ILT	30 minutes
Retirement Planning Starter	ILT	55 minutes
Entitlement to Continuation Pay	CL	
Marriage	CL	
New Child	ILT, CL	45 minutes
Divorce	CL	
Your Pre-Deployment Flight Plan	ILT	30 minutes
Your Post-Deployment Flight Plan	ILT	30 minutes

Updated: 20 DEC 2024