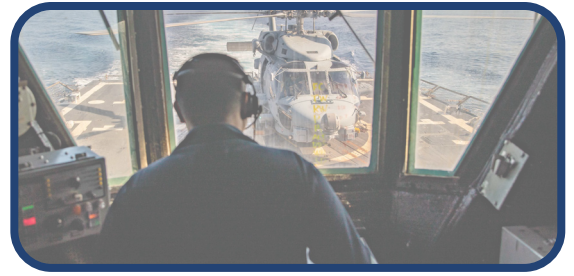




# Veterans Crisis Line

DIAL 988 then **PRESS 1**



## 24/7 confidential crisis support for active duty, veterans and their loved ones

If you're a service member in crisis or concerned about one, contact the Veterans Crisis Line to reach caring, trained responders 24 hours a day, 7 days a week.



**DIAL 988**  
then **PRESS 1**



**TEXT**  
**838255**



**Chat online at**  
[VeteransCrisisLine.net/Chat](https://VeteransCrisisLine.net/Chat)

Also available in the United States (CONUS) 1-800-273-TALK (8255) or Visit: <https://988lifeline.org/>

### Calling from Overseas?

Active-duty personnel can call the Veterans Crisis Line in their geographic location on base DSN 988; off base...

Indo-Pacific Command: +1 844-702-5493

European Command: +1 844-702-5495

Central Command: +1 855-422-7719

Africa Command: +1 888-482-6054

Southern Command: +1 866-989-9599

Some international calls may incur a charge, depending upon the caller's location and network provider. To avoid a cost - service members and families overseas should contact the Veterans Crisis Line via the online chat or DSN 988. If you prefer to talk on the phone - request it in the chat and the responder can call you at no cost.

**You're not alone - the Veterans Crisis Line is open to **all service members and veterans**.**

**Scan the QR code to visit the Veterans Crisis Line website.**



TEAR OFF AND TAKE

 DIAL 988 then <b>PRESS 1</b> 24/7 crisis support for service members	 DIAL 988 then <b>PRESS 1</b> 24/7 crisis support for service members	 DIAL 988 then <b>PRESS 1</b> 24/7 crisis support for service members	 DIAL 988 then <b>PRESS 1</b> 24/7 crisis support for service members	 DIAL 988 then <b>PRESS 1</b> 24/7 crisis support for service members	 DIAL 988 then <b>PRESS 1</b> 24/7 crisis support for service members	 DIAL 988 then <b>PRESS 1</b> 24/7 crisis support for service members	 DIAL 988 then <b>PRESS 1</b> 24/7 crisis support for service members	 DIAL 988 then <b>PRESS 1</b> 24/7 crisis support for service members	 DIAL 988 then <b>PRESS 1</b> 24/7 crisis support for service members
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