

# Targeted Neuroplasticity Training (TNT)

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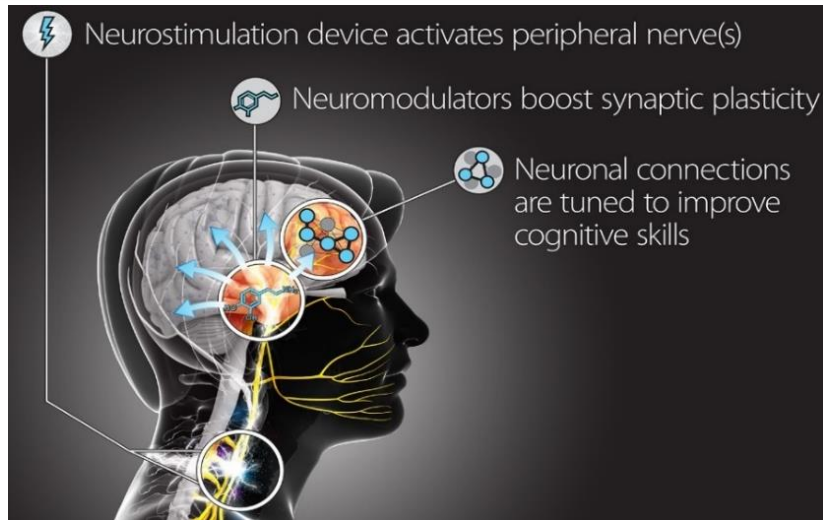
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Program Manager, DARPA/BTO





# TNT uses peripheral nerve stimulation to improve cognitive skill training and performance

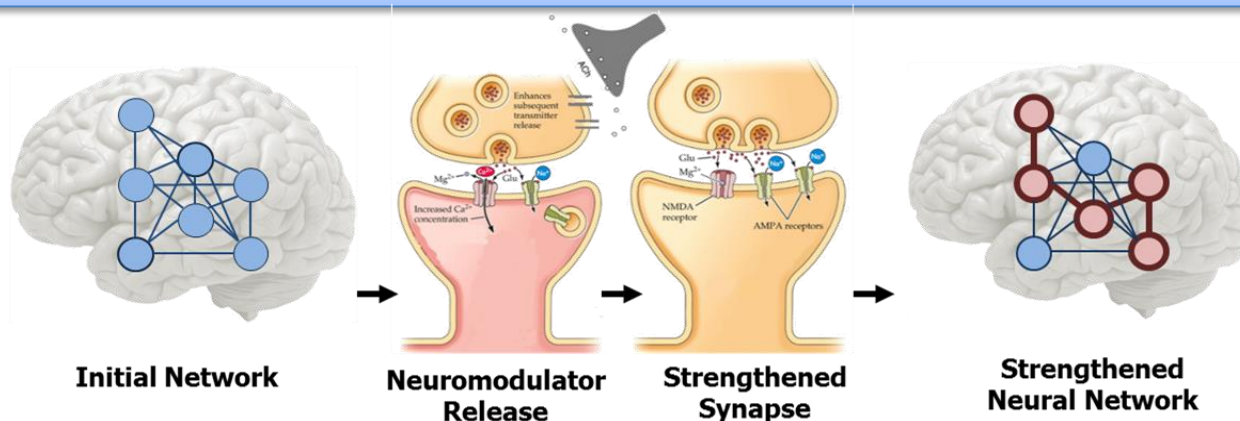
Peripheral Nerve Stimulation  
Engages Neuromodulatory Circuitry



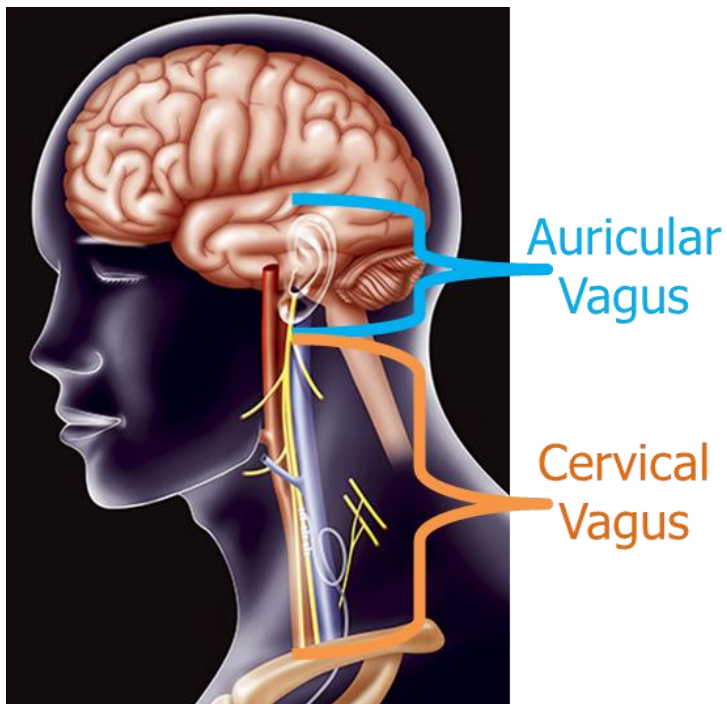
Cognitive Training Protocols Engage  
Task-specific Brain Regions



**Result:** Train personnel faster and improve performance



## Vagus



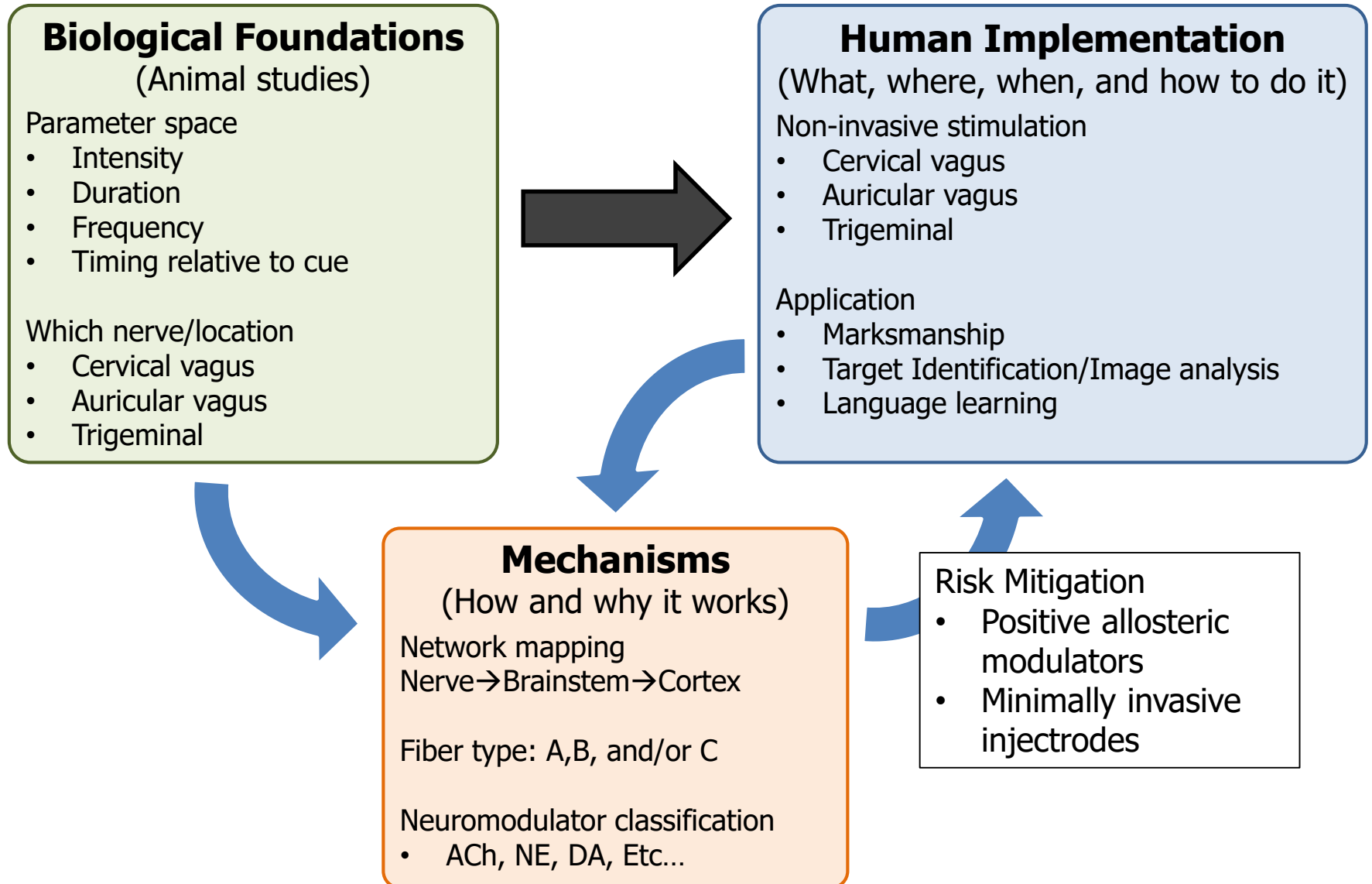
## Trigeminal



Auricular vagus, cervical vagus, and trigeminal nerves are easily accessible in humans through non-invasive means



# TNT Program Rationale



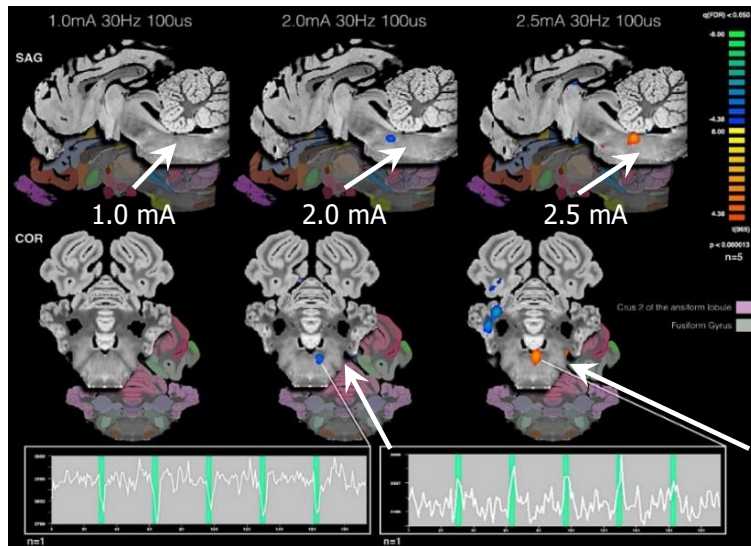




# Program accomplishments to date

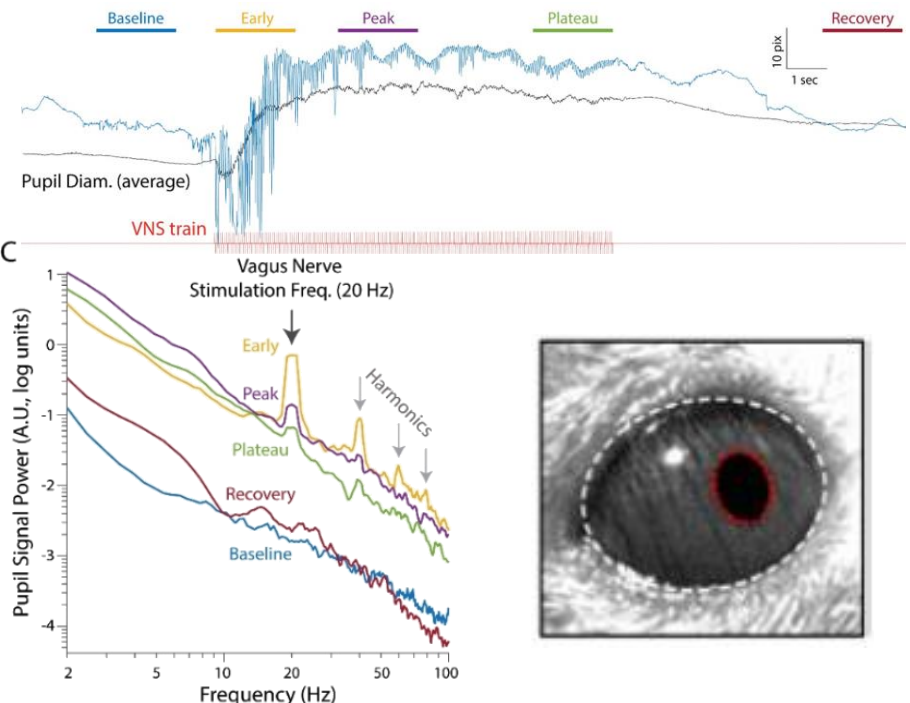
Observable responses to vagal nerve stimulation (VNS) enables noninvasive confirmation of stimulation effects and target engagement

## VNS activates brainstem nuclei in a stimulus dependent manner



- Differential effects on brainstem activation as a function of stimulus amplitude suggests nerve fiber engagement differences

## Phase-locked pupillary dilation as a positive biomarker for VNS efficacy



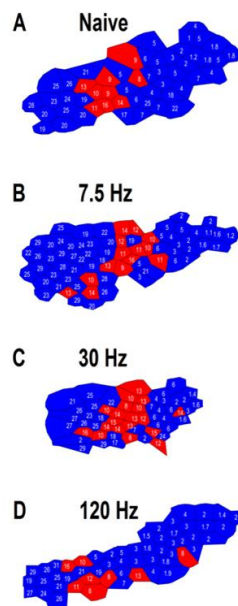
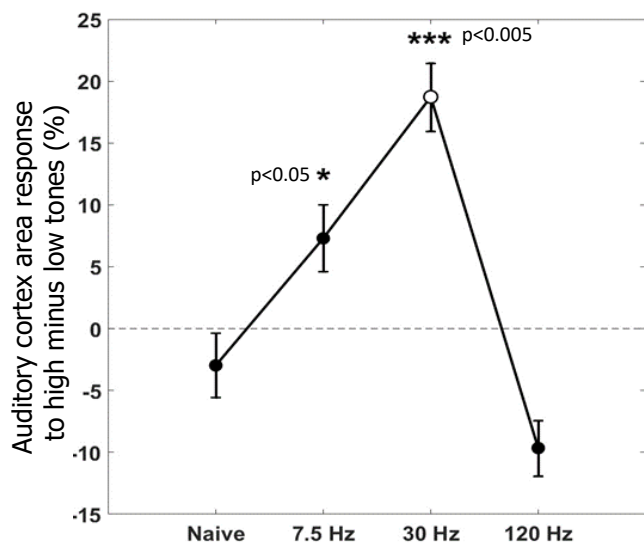
- Track pupil diameter to determine brain state and attentiveness in animal and human studies



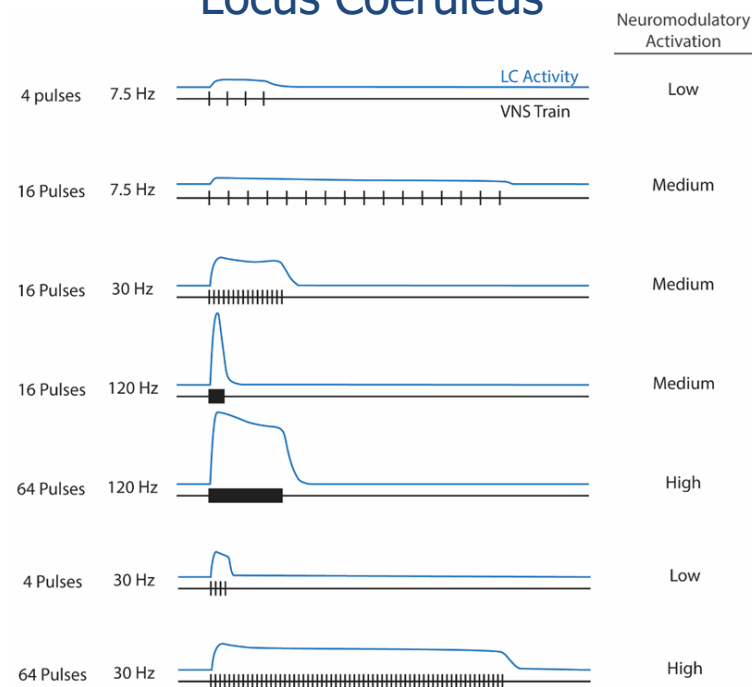
# Data indicate a dose response profile

**Stimulation Refinement:** Determine optimal parameters for maximum effect

## Map Plasticity in Auditory Cortex as a Function of Stimulation Parameters



## Schematic of VNS-Evoked Activity in the Locus Coeruleus



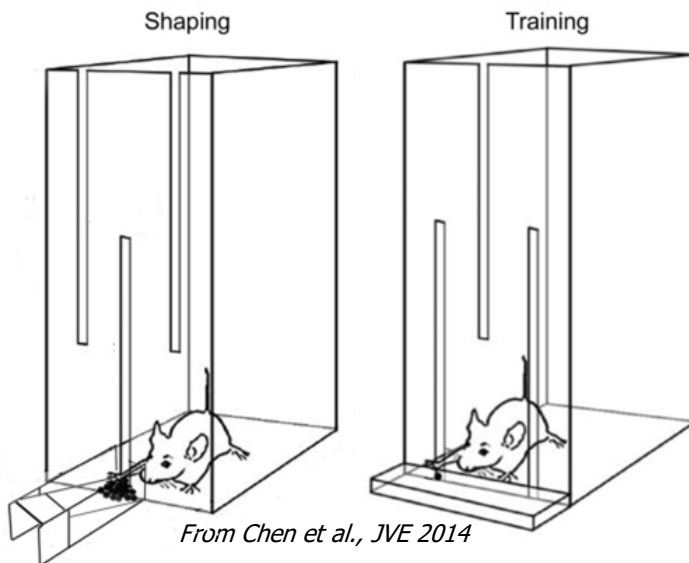
- Frequency of vagus nerve stimulation (VNS) determines whether VNS-tone pairing drives plasticity
  - Maximum auditory cortex plasticity occurs with 30 Hz VNS
  - Maladaptive plasticity occurs with 120 Hz

- The amount and timing of locus coeruleus spiking activity appears critical for plasticity.
  - Interaction between stimulus frequency and stimulus number influences neuromodulatory efficacy

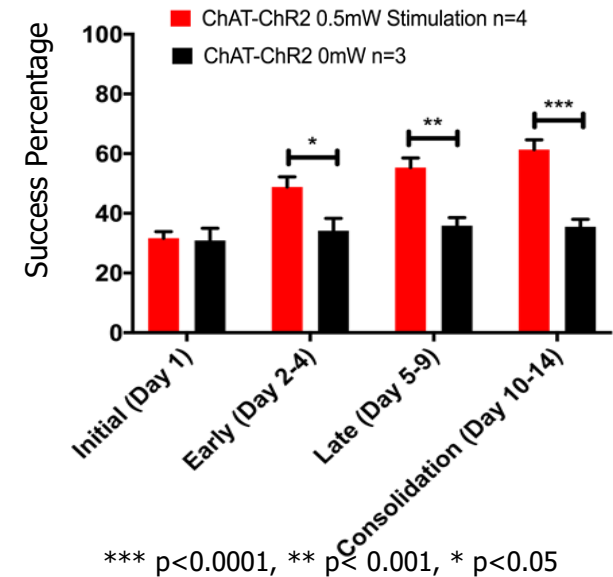


# Modulation of motor skill learning via direct stimulation of basal forebrain cholinergic pathway

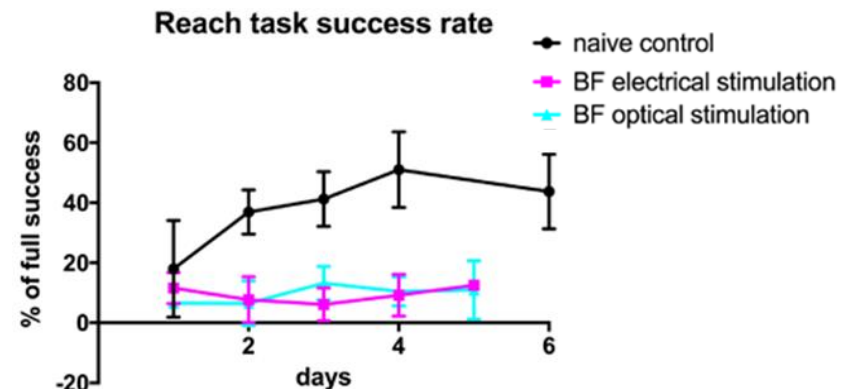
Basal forebrain stimulation following successful trials enhances learning of skilled forelimb reach and improves performance of established learners



Analogous to human coordinated motions, such as archery or basketball, where the reach and position of the hand and arm in space are guided by multisensory integration



- Stimulating during unsuccessful trials can impair learning!
- Suggests importance of stimulating only successful trials

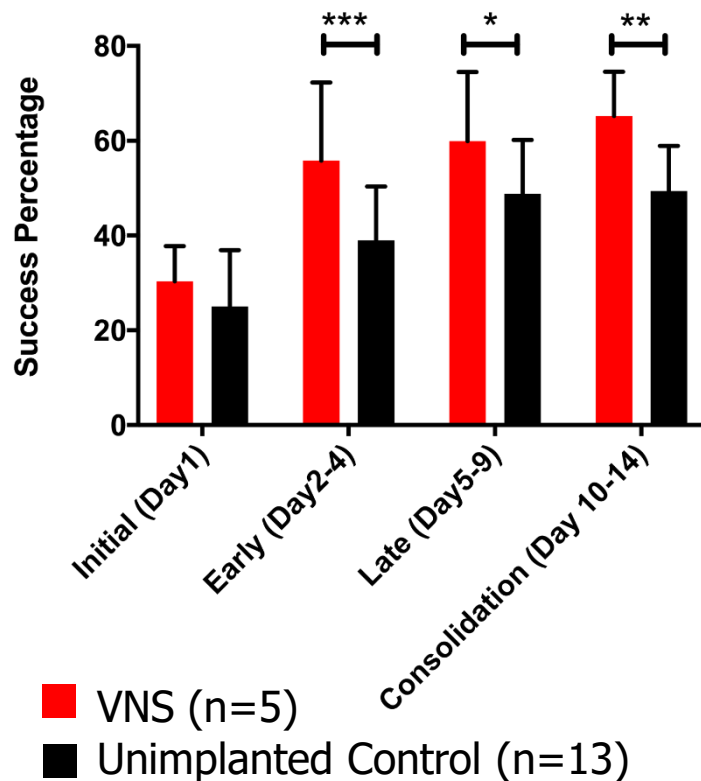




# VNS improves learning of new skills, as well as performance of previously learned skills

## VNS improves motor skill learning

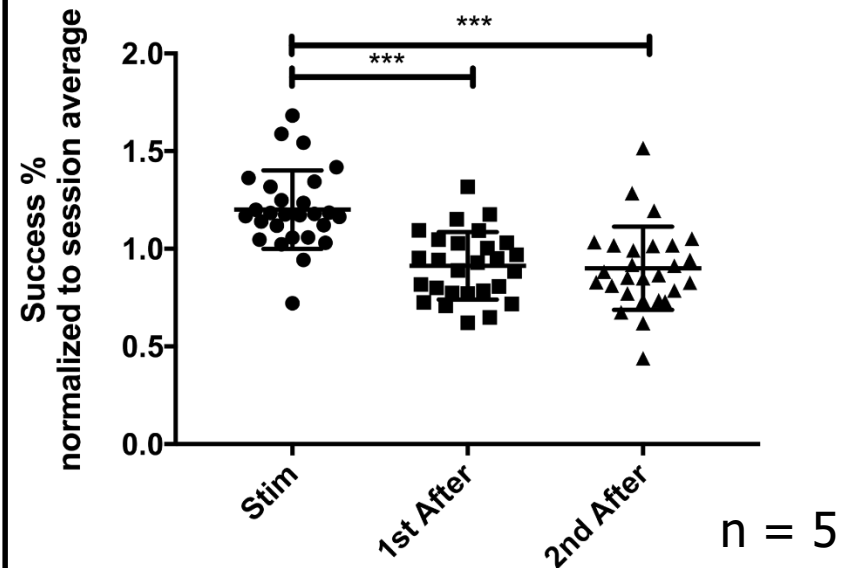
### VNS Phases of Learning



\*\*\*  $p < 0.0001$ , \*\*  $p < 0.001$ , \*  $p < 0.05$

## VNS improves real-time motor skill performance

### VNS applied prior to reach



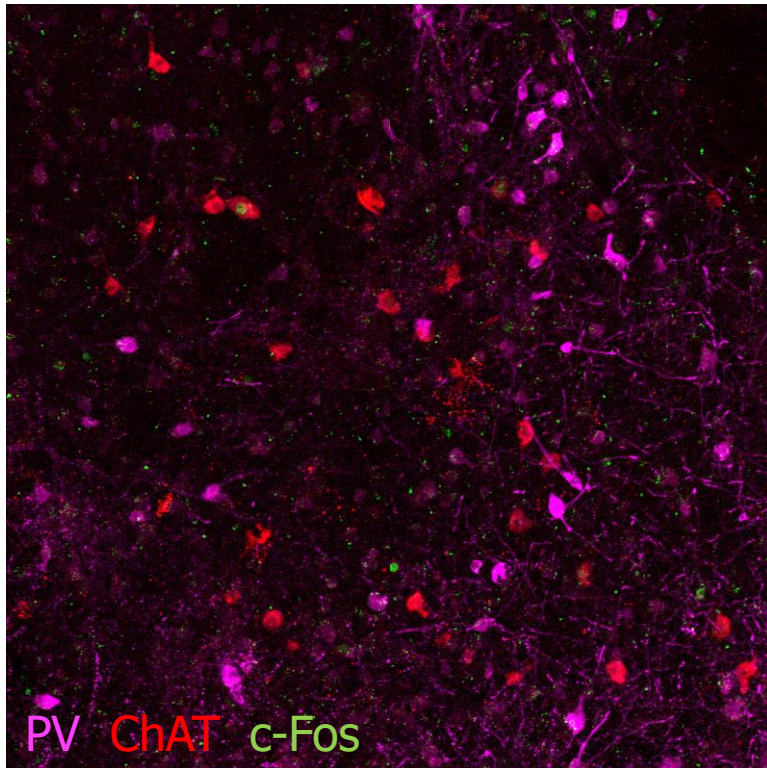
- VNS (2 sec.) on reach initiation improves performance of stimulated vs. unstimulated trials of previously learned motor skill
- Alternating stimulation trial design (stim on 1 trial, stim off 2 trials, etc.)



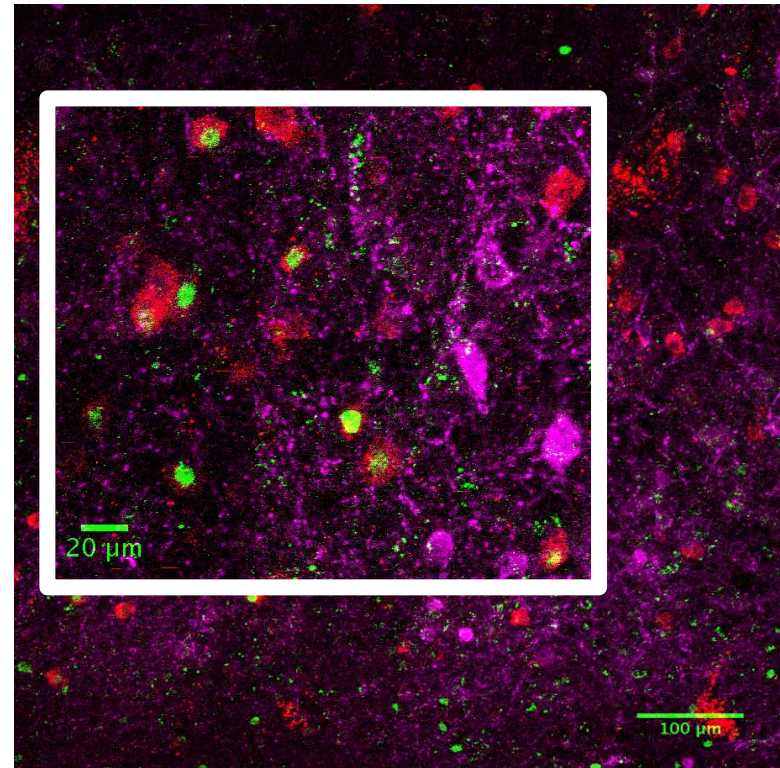


# How does VNS affect activity of basal forebrain (BF) neuronal subtypes?

BF Surgical Sham



BF Acute VNS



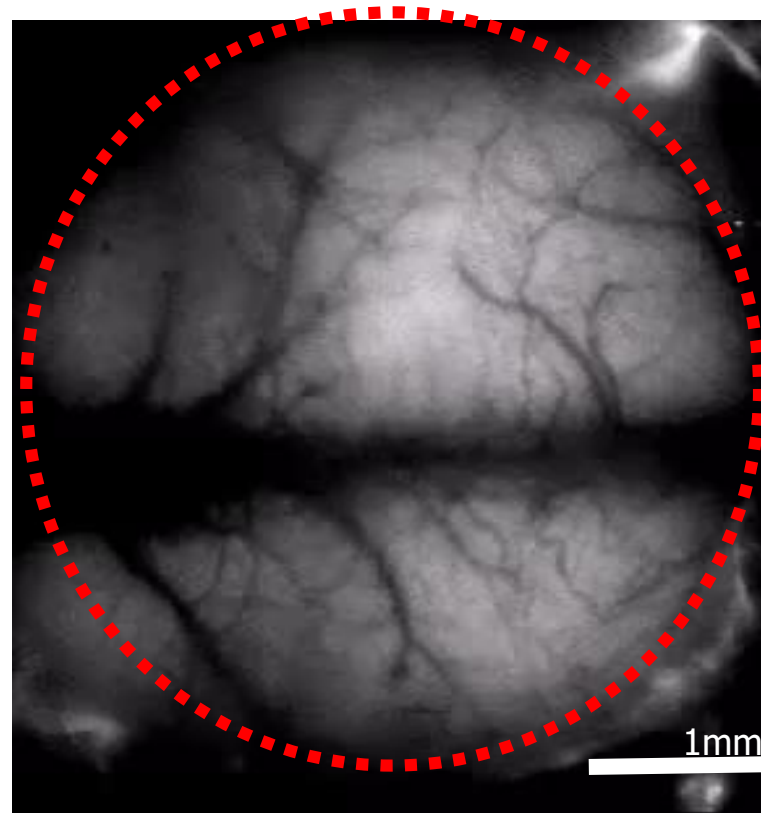
- Acute stimulation of vagus increases neuronal activity (as indicated by c-Fos)
- Cholinergic neurons show greater VNS-activated neuronal activity, compared to Parvalbumin+ (PV) GABAergic interneurons
- Quantification of results and investigation of additional neuronal subtypes TBD



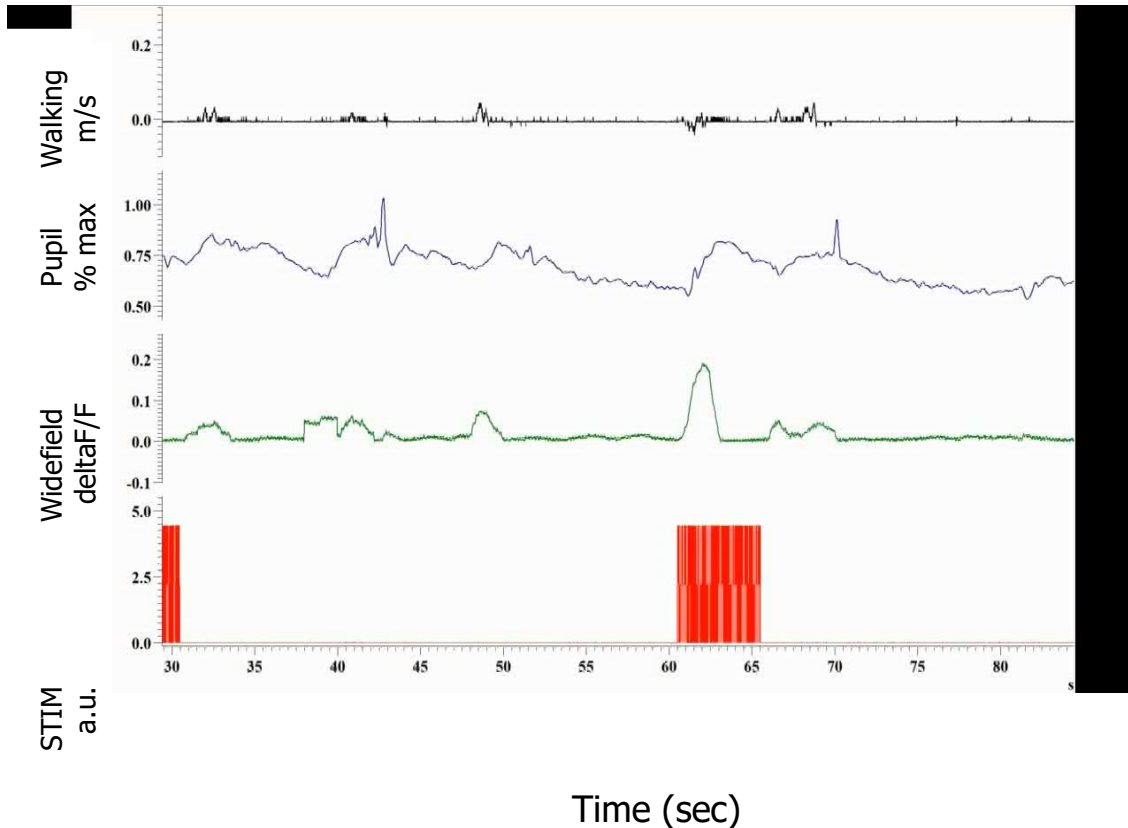
# VNS Causes Pupil Dilation and Activation of Neocortex

Anterior

Posterior



3.5x speed



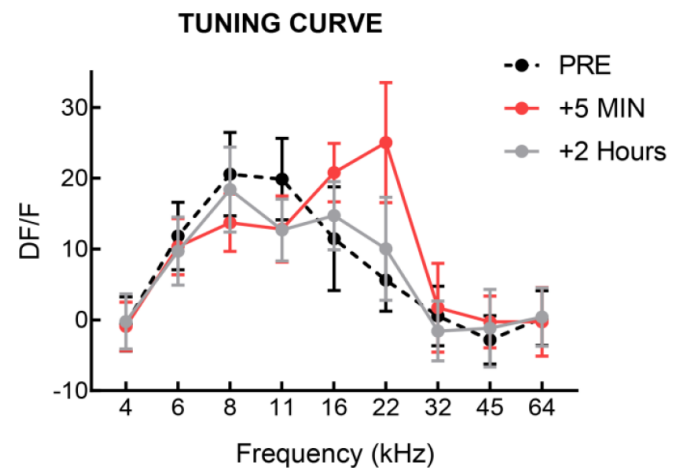
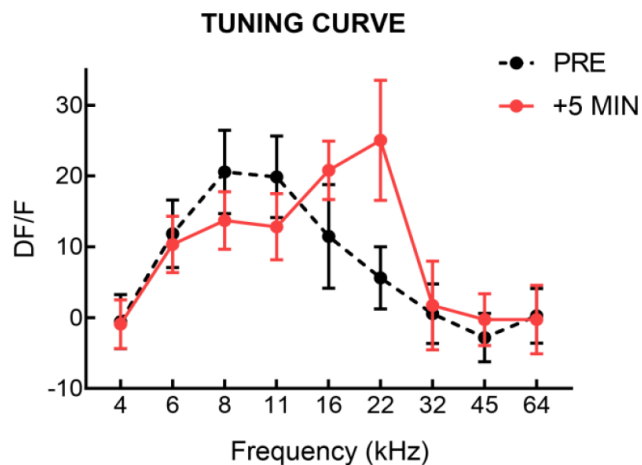
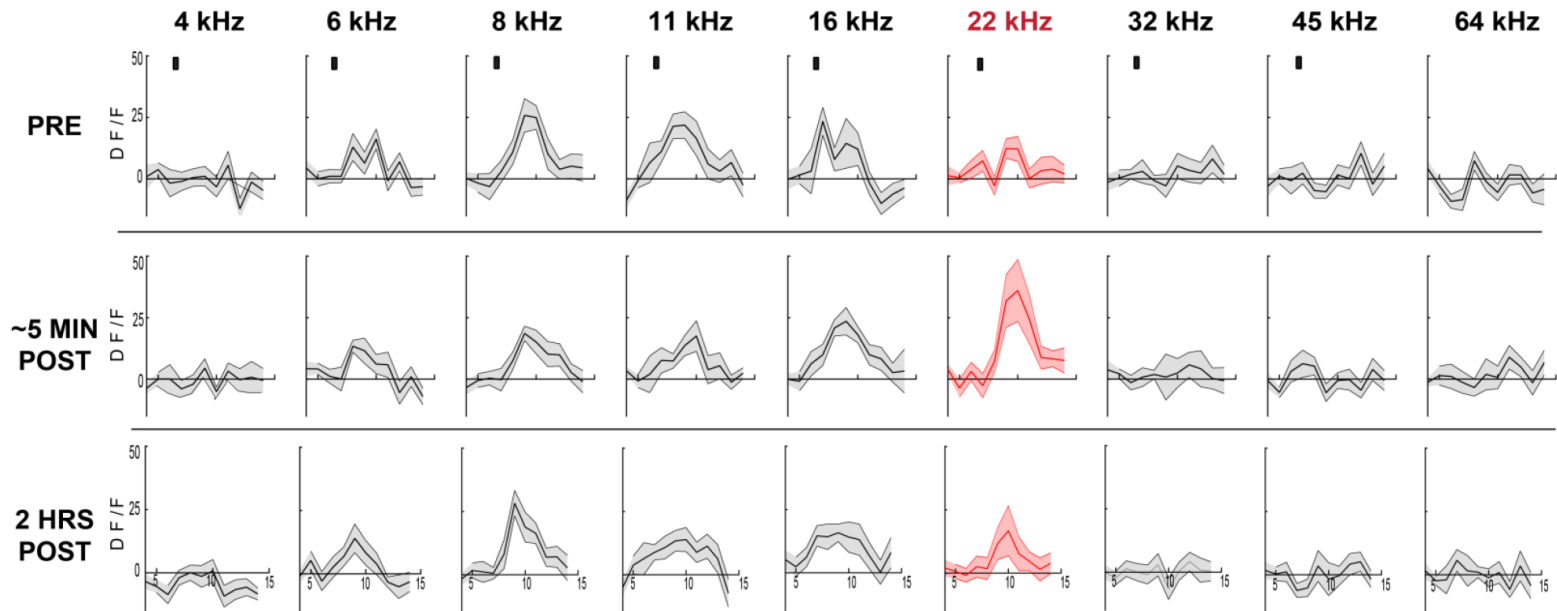
## Stimulation Parameters:

5 seconds, 20 Hz, 125  $\mu$ A,  
25 ms pulse width

- Performed widefield imaging of cortical neuronal activity in awake mouse before, during, and after VNS. Note strong activation of restricted region of neocortex.



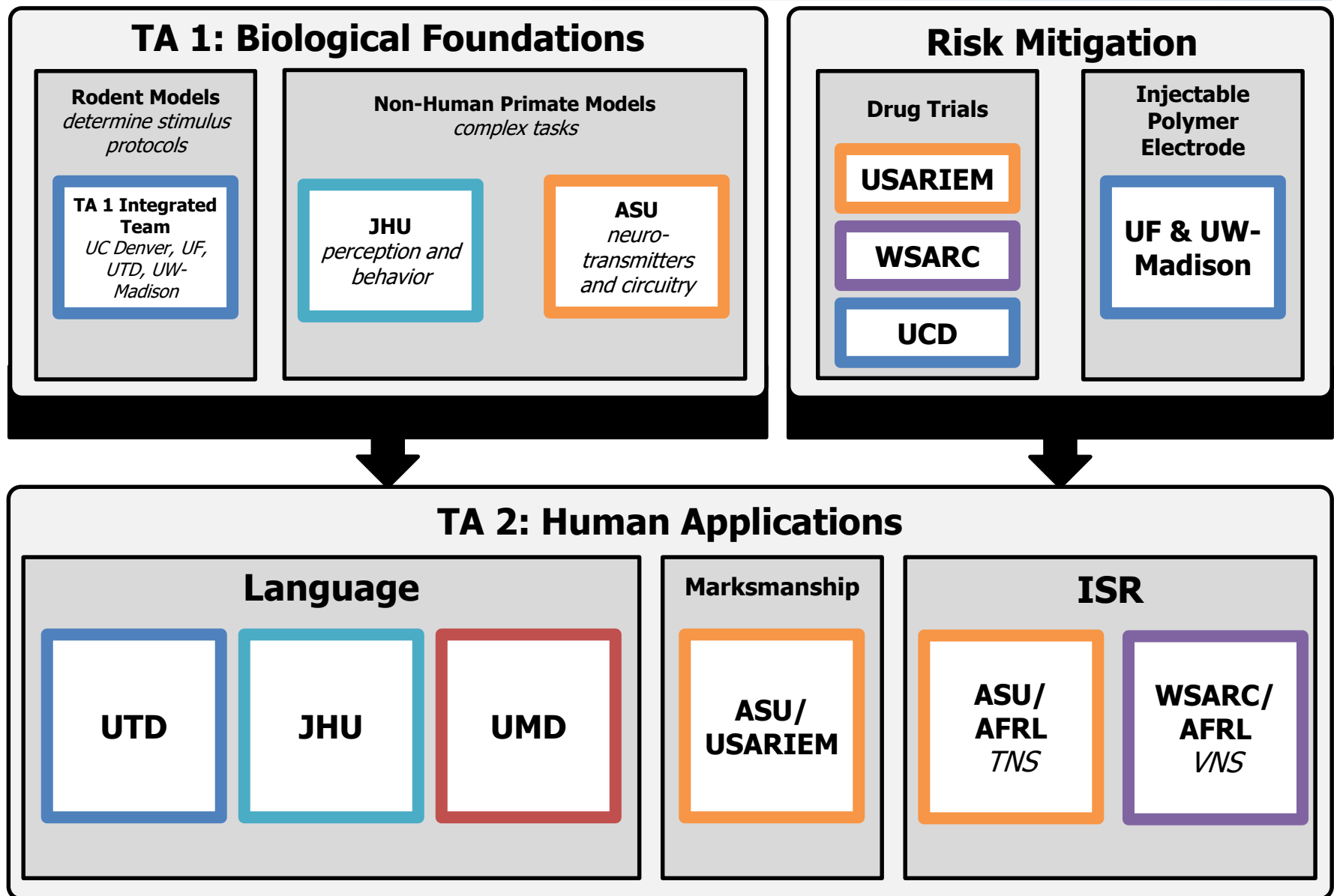
# 2-Photon Imaging of Acute Cortical Responses to VNS



Froemke  
Lab, NYU



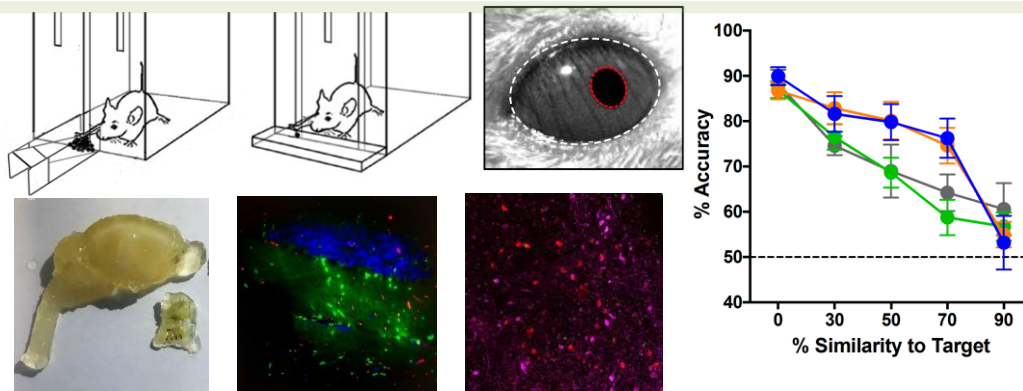
# TNT TA 1-2 Performers





# TA1: Biological Foundations

**Objective:** Perform hypothesis-driven research to measure and demonstrate effects of peripheral neurostimulation in promoting plasticity, and assess quantitative changes in neurophysiology and behavior



## TA 2: Human Applications

**Objective:** Develop, demonstrate, and validate cognitive-skill training applications for humans that leverage peripheral neurostimulation to promote synaptic plasticity



**Risk Mitigation:** Minimally-invasive electrodes and drug trials

