



Harnessing the Human Dimension

Measuring and Improving Cognitive Performance



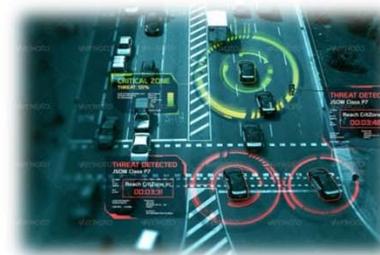
Jean Castonguay
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Proliferation of Technology

Evolving automation



- Greater automation
- Less manpower
- Human Dimension is Primary differentiator





The Changing Human Dimension

Less numbers, more responsibilities

- More warrior isolation
- More information processing
- More critical decision-making
- Greater risk of human error due to capacity overload

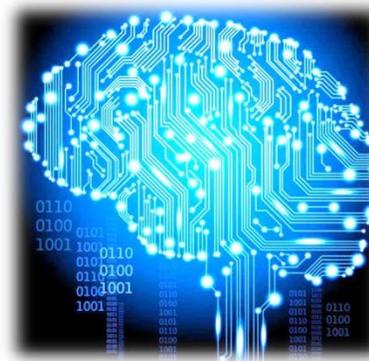




Redefining the Human Advantage

Train, monitor and optimize Peak Performance

- Train to peak performance
- Monitor human physiological and cognitive biometrics during performance
- Identify performance threats
- Optimize to sustain peak performance





The Performance Loop

Continuous processing



Sensory input

Absorbing a complex scene



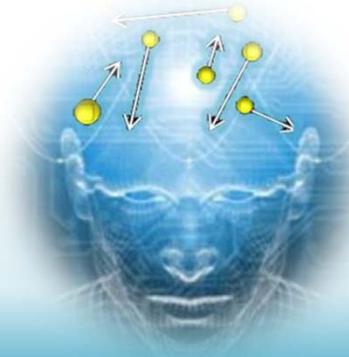
Perception

Understanding visual cues
Anticipating how the scene will evolve



Cognition

Evaluating options
Making decisions



Execution

Complete the Action

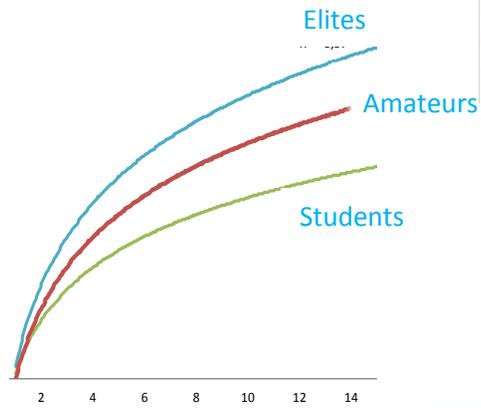




Extraordinary Learning Skills

To process complex and neutral dynamic visual scenes

- Neutral cognitive task
- Steeper learning rate
- Superior adaptivity



nature.com

31 January 2013

Sports stars' strong visual learning skills

Professional athletes may be able to learn how to process complex, dynamic visual scenes faster than other people, a *Scientific Reports* paper suggests.

Latest news

- ▶ RNA fragments may yield rapid, accurate cancer diagnosis
- ▶ Ion collider flagged for closure
- ▶ South Korea launches satellite to join global space club





Biological Motion Perception

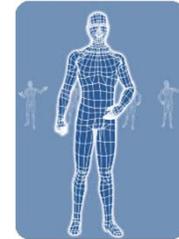
The fundamentals of body language



Advanced Cue Recognition

Action prediction

- Pure cognitive task
- Multiple object tracking
- Elites superior

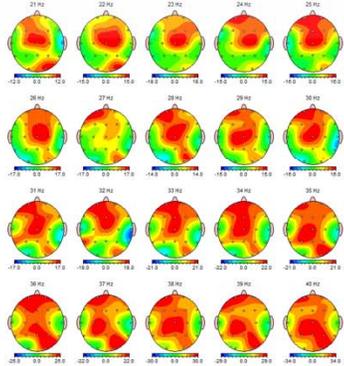
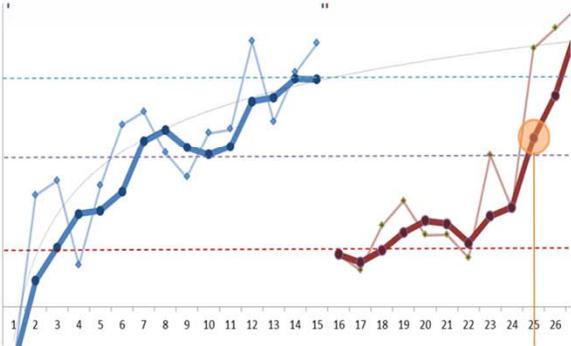


Superior Perception

- translates to superior awareness and action



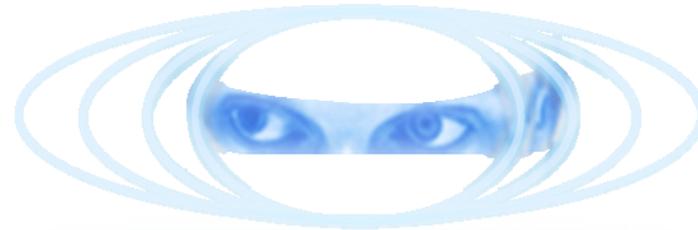
How to Measure and Train Cognitive abilities?





NeuroTracker

3D Multiple Object Tracking



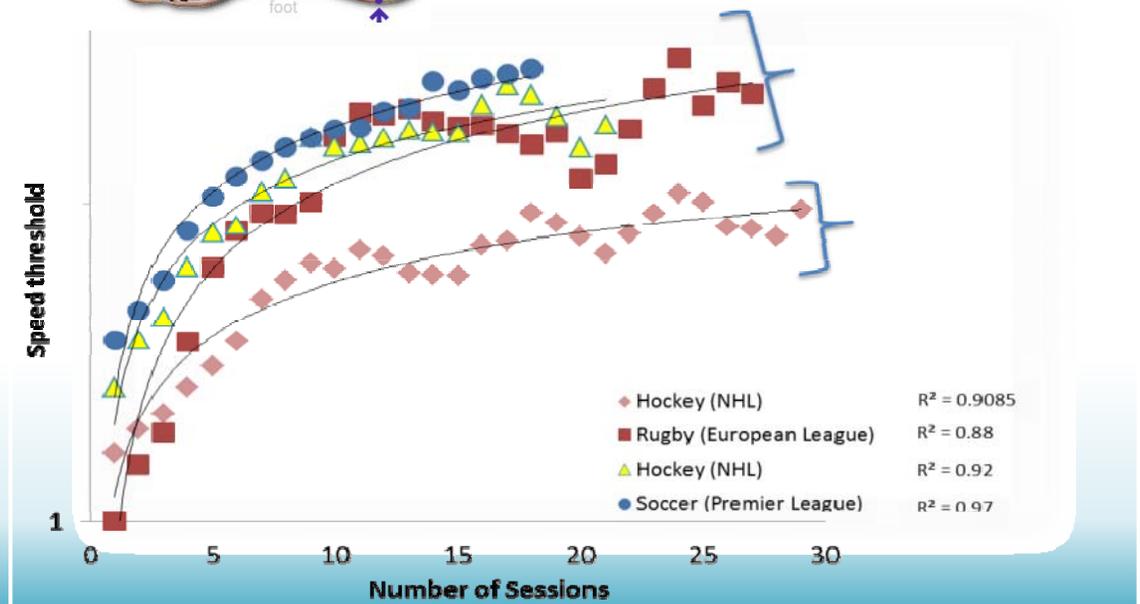
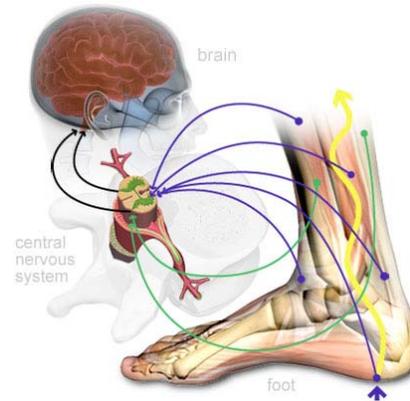
- Measures attention
- Rapid learning
- Integrates with other tasks



Cognitive Load Effects

Powerful influences on learning

- Combined load drops
- Progressive loading
- Accelerated learning

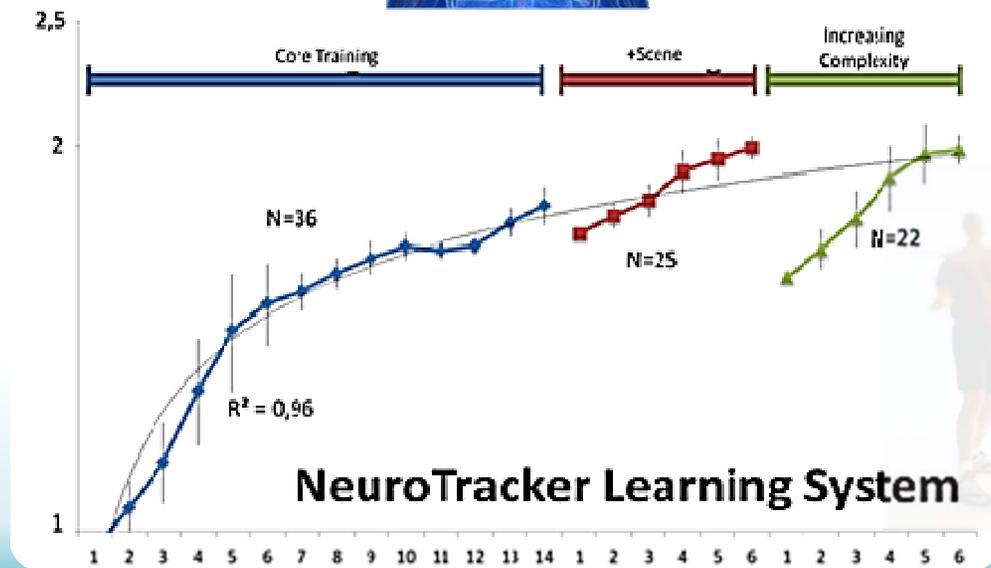




Functional Measures

Progressive Threshold of adaptive Learning

- Optimize thresholds
- Progressive physical and cognitive loading
- Skill specific functional measures
- Accelerated adaptation

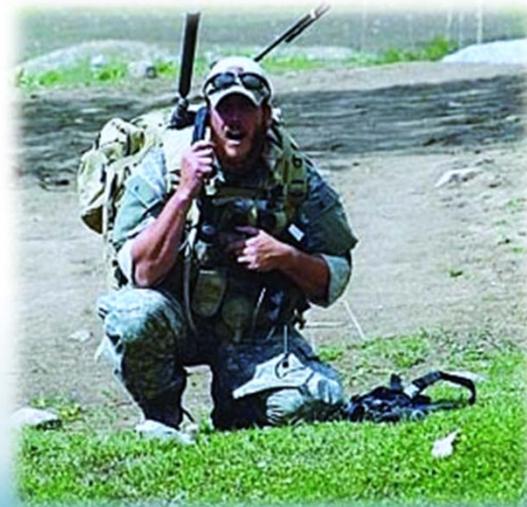




Dual-Task Testing

Measuring skills integration and decision-making under pressure

- Functional Measure of the impacts of multi-tasking
- Assess critical activities
- Train and measure tactical scene recognition and tactical decision making while maintaining situational awareness



Training attention flexibility



**Before
Training**

Situational Awareness

Attention
Switching

Tactical Awareness



**After
Training**

Situational Awareness

Attention
Switching

Tactical Awareness

**Faster
Execution**

Time

Live Tracking and Performance Optimization





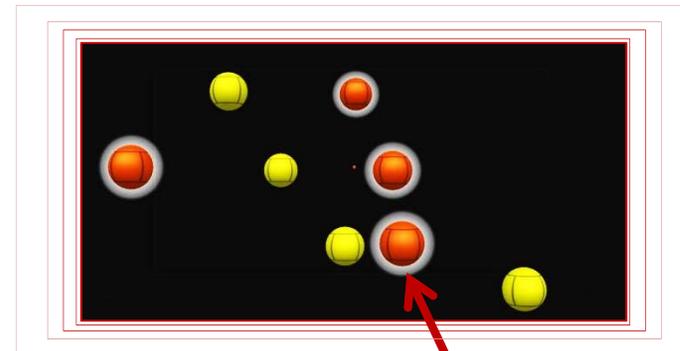
NeuroTracker & Real-Time EEG

Closed neurofeedback loops

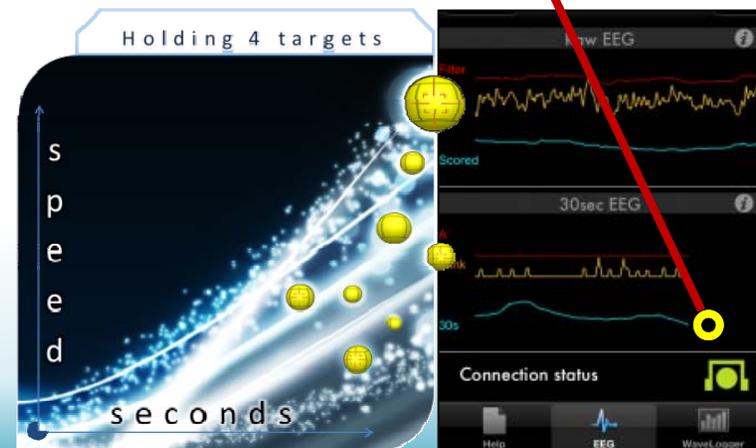
- EEG Alpha Peaks detects loss of NeuroTracker
- Targets are immediately refreshed (red)
- Continuous & automated peak NeuroTracking



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Refresh



Dual-Task Active Baseline

Dynamic measures of neural activity



- NeuroTracker + EEG allows full action
- NeuroTracker represents situational awareness
- Impacts on situational awareness measured



JTAC demands



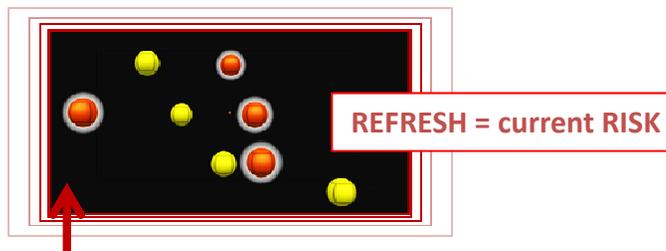
Combined Measures



NeuroTracker HUD - Full Live Action

Live situational awareness feedback

- Conditioned multi-tasking
- Online awareness state feedback
- Live cues to respond

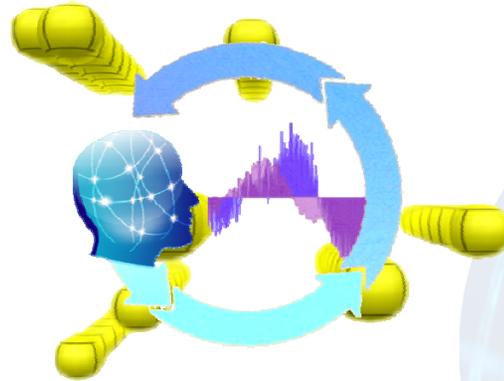


Heightened Conditioning & Performance

- in training and in the field



- Manage higher cognitive loads
- Combined NeuroTracker measure
- Recover situational awareness



Impact of
dual-task



Recovery with
NeuroTuner



Institutionalization

Fully utilizing the human dimension

- Integrate cognitive training into training programs
- Track biometrics & cognitive behaviour
- Optimize cognitive capabilities



Thank You



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