

Welcome Top of Alabama Regional Council of Governments

Presenters:

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Aging and Disability Resource Center
Specialist

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Alabama Cares Program Coordinator



TARCOG Area Agency on Aging



Striving to Meet the Growing Demands of Seniors

- Senior Nutrition
- Ombudsman
- Prescription Assistance
- Senior Employment
- Senior Medicare Patrol
- Health Promotion and Disease Prevention

Aging Programs in Action!

- Alabama Cares
- Aging and Disability Resource Center
- Insurance Counseling
- Legal Assistance
- Home and Community Based Waivers

Aging and Disability Resource Center (ADRC)



Provides easy access to information and one on one counseling to assist consumer in exploring a full range of long and short-term support options



Provides resources and services that support the needs of family caregivers



Single point of entry of aging services to thousands of seniors, caregivers and professionals

STATE HEALTH INSURANCE PROGRAM (SHIP)

- Insurance counseling and assistance
- Provide answers to questions:
 - Medicare benefits
 - Supplemental insurances
 - Medicaid
- Provide information and materials designed to assist Medicare Beneficiaries with:
 - Medicare Claims and Appeals
 - Medicare Savings programs
- Medicare Part D
 - Assists with comparing drug plans



Medicare Open Enrollment 2021

- Saved seniors in the TARCOG Region over \$2.6 Million
- Served over 2300 people



WHEN and WHAT is Open Enrollment?

OCT NOV DEC JAN

October 15th through December 7th Coverage begins January 1st

You can change:

Part C Part D

Senior Medicare Patrol



- Medicare fraud costs the U.S. \$60 billion + every year!!
- Two Fraud Summits are conducted annually to educate seniors
- SMP Partners with AARP, Alabama Securities Commission and the Better Business Bureau to fight against Fraud and Scams



- Assists older, low-income seniors in applying for free drugs from pharmaceutical companies
- 912 seniors received 3,720 prescriptions saving them \$4,215, 644.00

SENIOR RX

Senior Community Service Employment Program

- 2018: 80 Participants Served
- Over \$519,194 earned
- 23 Participants found unsubsidized employment



A cornerstone program of the Older Americans Act, promotes personal dignity and self-sufficiency through work.



Older workers bring much-needed experience, emotional intelligence, and generational diversity to our workplaces.



Local governments & non-profits are afforded additional manpower through older workers.

SCSEP Works!

- **Mr. Tommy Gibbs, went from no income and staying in a homeless shelter, to being hired as a store assistant at Marshall County Home Place Thrift Store after being on SCSEP for five months. Mr. Gibbs said the program, “has given me the opportunity to get my life back on track.”**



NUTRITION PROGRAM



Hot nutritious meal at lunch time
Monday to Friday to allow seniors
much needed socialization



Provided over 167, 977 meals to
2,330 seniors at 32 Nutrition
Centers at a cost of \$537,525



Provides over 364,085 meals to
more than 2,136 homebound
senior at a cost of \$1,165,070

LEGAL ASSISTANCE

- Legal service provided by licensed attorney to individuals over 60
- No Fees Charged
- Services Provided
 - Representation
 - Counsel and Advice
 - Community Education
- Saved 860 people served \$566,140 last year



OMBUDSMAN



- Advocates to ensure that residents in nursing homes and ALF receive quality care in over 60 facilities
- Investigate and resolve complaints by providing over 401 consultations
- Act as mediator between residents, family members and facility staff
- Visit facilities to evaluate conditions by completing 265 facility assessments

Home and Community Based Waivers



Home and Community Based Waivers(HCBS) is person centered care provided in a home setting. HCBS Waivers are designed to provide elderly and disabled individuals the opportunity to reside in a home setting despite the type of disability and level of care required.



Services:

Personal Care
Homemaker
Respite (Skilled & Unskilled)
Companion Care
Home Delivered Meals



Types of Waivers

Elderly and Disabled Wavier, Gateway to
Community Living, ACT, Personal Choices,
& TA Waiver



Impact

Serves an average of 770 people annually Cost to
Medicaid \$ 7,065,600
Savings of \$ 55,415,600 yearly
TARCOG employs 30 Case Mangers –Advocate,
Collaborate, Coordinate

Welcome Home!

Meet Glenna, a recipient of the Alabama Community Transition (ACT) Waiver. Having lived in a nursing home for some time, Glenna had the opportunity to move into her own apartment which puts her much closer to her family. Not only does an ACT Waiver recipient get to move to a home setting of their choosing, they are also provided with the services, furnishings and equipment they need in order to live more independently. The ACT Waiver also provides the purchase and installation of a personal emergency response system, further ensuring the safety of the recipient. By offering programs such as the ACT Waiver, Medicaid can expand participants' ability to decide on the care and the setting that best meet their needs. According to Transition Coordinator Pati Meagher, the most rewarding aspect of the program takes place on Transition Day. As Pati stated, "When the client enters their new place for the first time, I get to say, "Welcome home!"



Education

Caregiver College Largest Event

Access Assistance

Over 300 Caregiver Linked to
other Services

Respite

Over 200 Caregiver Served

Supplemental

Over 75 Ramps Built and 600
Incontinent Supplies Provided

Information

Over 20,000 Caregivers Served

Alabama Cares Services

Provide much needed support to family caregiver over 200 Caregivers in
TARCOG Region

TARCOG's Aging Programs at Work





SHIP
Senior RX

ADRC

Meet the Smith's

Mr. Smith is elderly man who underwent cataract surgery as a child, leaving blind and disabled. He also has severe hearing loss. Mrs. Smith suffers from obesity, Heart Disease and End-Stage Kidney Failure. Mr. Smith experiences diminished health as a result of caring for his bedbound wife who receives dialysis 3x/wk. Although the Smith's have nine children, they do not provide any support to their parents. This has led to the creation of an informal support system to help relieve some of the physical and mental strain that exists in caring for his wife. He is unable to maintain the household nor is he physically fit to lift his obese wife and they both require assistance with all Activities of Daily Living (ADL's).

Legal Assistance

Ombudsman

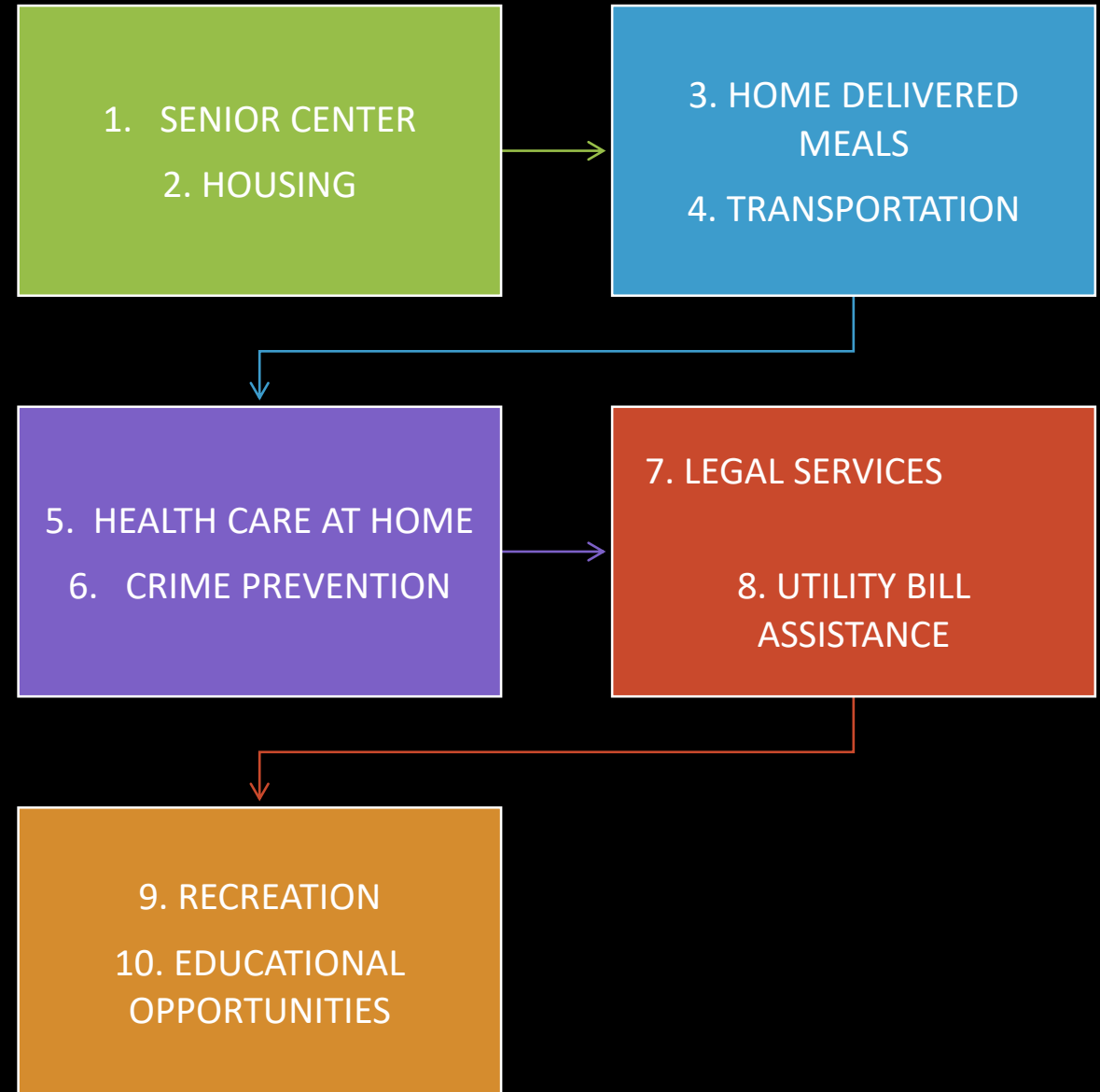
Alabama Cares

Senior Employment

Nutrition Program

Medicaid Waiver

Top 10 Needs of TARCOG Senior Citizens



Questions

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